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## Maine Osteopathic Association: 2022 Midwinter Symposium

LIVE & Virtual: February 12-13, 2022 | 20.75 AOA Cat-1 A CME/Other credit types pending\*\*

### \*Draft Agenda (As of January 11, 2022), subject to change

Saturday, February 12, 2022

8.5 CMEs

\*All In Person CME Sessions will be located in the NH/VT Rooms or live streamed to the virtual CME platform accessible via any web browser.

S	aturday February 12 <sup>th</sup> , 2022: Live & Virtual Sessions – Join Us live for Q&A!
7:00am-8:00am	Predicting, Preventing, and Reversing Cognitive Impairment presented by Lewis Mehl-Madrona, MD
8:00am-9:00am	Breastfeeding 101 presented by Kara Kaikini, IBCLC
9:00am -10:00am	Clarifying COVID-19: the Impact of Long COVID & Epidemiology for the Everyday Physician presented by Meghan May, PhD.
10:00am-10:30am	BREAK – Check out Exhibits, Wellness Content, etc.
10:30am-12:00pm	MOA Business Meeting & AOA/ACOFP Updates (1 AOA CME available for AOA update Presented by Joseph Giaimo, DO)
12:00pm-1:30pm	KEYNOTE: What is the C-suite? My Journey to becoming a CMO Presented by Elissa J. Charbonneau, DO, MS
1:30pm-2:30pm	Maine's Death with Dignity Law in Practice, presented by Mark Wrona, MD; Carl DeMars, MD; & Jason Libby, HSM
2:30pm-3:00pm	BREAK – Check out Exhibits, Wellness Content, etc.
3:00pm-4:00pm	Neuro-optometry: What a PCP Should Know presented by Amy Pruszenski, OD
4:00pm-5:00pm	Public Health Update featuring Nirav Shah, MD
5:00pm -5:45pm	LIVE Zoom Happy Hour & Poster Awards Presentation

Sunday, February 13, 2021

4 CMEs In-Person/ 8.25 CMEs Virtually

Saturday February 13 <sup>th</sup> , 2022: Virtual Sessions – Join Us live for Q&A!	
TRACK A CONTENT:	These sessions will be available on the virtual platform, tune in live for QA with presenters!
8:30am-10:00am (1.5	Extremity OMM lecture/ lab, presented by Gregory Stevens, DO
CME)	
10:00am-10:30am	BREAK
10:15am-11:45am (1.5	Osteopathy In the Cranial Field: Review for the GP, presented by Shawn Higgins, DO
CME)	
11:45am-12:00pm	BREAK
12:00pm-1:00pm	UltraSound In the office, presented by Andrew Jersey, DO
1:00pm	Track A Adjourns
TRACK B CONTENT:	These sessions will be available on the virtual platform, tune in live for QA with presenters!
7:30am-8:00am	GI Issues for Primary Care, presented by TBA
8:00am-8:30am	Quick Cardio Update, presented by Jim Jean-Jacques, DO
8:30am-9:00am	Migraine Update, presented by John Dolan, DO
9:00am-9:30am	Birth Control Update, presented by Monica Tschirhart, MD
9:30am-10:00am	BREAK

10:00am-11:00am	An Osteopathic Approach to Recovery, presented by Suzanne White **
11:00am-12:00pm	Physician Contracts: What to Look for? Presented by Elizabeth Olivier, Esq.
11:00am – 12:30pm (no CME)	Lunch and Learn: Belly of the Beast Film Screening NO CME for screening
12:30pm-1:30pm	Advocacy Training 101 for the Physician: Panel Discussion
1:30pm -2:30pm	Plant Based Diets, presented by Paige Picard, DO
2:30pm-3:30pm	Pediatric Mental Health: Social Media and Sexuality, presented by Erin Belfort, MD & Amy Mayhew, MD
3:30pm-3:45pm	BREAK
3:45-5:00pm	Live Medical Ethics Panel: Belly of the Beast Film Discussion, led by Merideth Norris, DO
5:00pm	Closing Remarks

#### Planning Committee Chair: Josephine Conte, D.O

\* The MOA's professional and public education committee reserves the right to adjust the program agenda as deemed necessary. Some topics and session times may change. For more information, please contact the MOA at 207-623-1101 or by email at office@mainedo.org.

\*\* This session is approved for 1.0 credits on opioid medication education as required by P.L. 2015, Chapter 488, Maine's legislation to address the opioid drug crisis.

#### CME Credit information:

- The Maine Osteopathic Association (MOA) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. MOA designates this program for 20.75 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation.
- Other CME Credit Type Approval is pending.

To Register, please visit https://www.mainedo.org/midwinter-symposium-2022

# Venue Information: VIRTUAL via CE21

Join us from anywhere! Fully virtual conference with flexible viewing options. Content will be available to complete for credit until March 15<sup>th</sup>, 2022.

HOTEL LODGING NOTE: If you had made a reservation at the Holiday Inn by the Bay, it will be automatically canceled by hotel staff and your payment method will be refunded. This process may take some time (check with MOA or hotel staff if you would like an update), but there is nothing needed on your part. To Inquire About Reservation Questions Call: 207.775.2311