



## MOA Midwinter Symposium 2025

February 7-9th, 2025 | HYBRID CME: Online & Streamed from the Jordan Hotel @ Sunday River | Newry, ME

21.5 AOA 1A CMEs in a flexible format | Discounted lift tickets, gear & other winter activities for the whole family

### ABOUT THE SYMPOSIUM

The MOA Midwinter Symposium is one of the largest medical education events for physicians in New England. Attendees represent a range of specialties from all over the state and country. This event will take place in a hybrid format. In person CME sessions will be live streamed to a virtual audience with additional online content.

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## FINAL AGENDA

*As of Jan 15, 2025*

*MOA Program Committee led by Chair Breanna Glynn, DO reserve the right to adapt content as necessary.*

<i>Date/Time</i>	<i>Description</i>	<i>Presenter</i>	<i>CME CREDITS</i>
<b>Friday February 7th</b>	<b>In Person &amp; Live Stream Content</b>		<b>7.25</b>
<b>6:30-7:15AM</b>	Registration Desk Opens Continental Breakfast/Exhibits		
<b>7:15-8:00AM</b>	Updates from the Maine CDC Breast and Cervical Health Program	Angie Nile	<b>0.75</b>

<b>8:00-9:00AM</b>	MaineHealth Social Determinants of Health Screening: Data to Action	Dora Anne Mills, MD, MPH, FAAP	<b>1</b>
<b>9:00-9:30AM</b>	<b>Exhibit Hall Break</b>		
<b>9:00AM</b>	MOA Past Presidents' Council Meeting	N/A	<b>N/A</b>
<b>9:30-11:00AM</b>	Sinusitis: Quick office treatments Lecture & Lab	Mary Yee, DO	<b>1.5</b>
<b>11:00AM-12:00PM</b>	Advocacy in Action: Updates from your MMA/MOA legislative committee, & AOA Public Policy Team	Amanda Mahan, MA – MOA Executive Director; Anne Sedlack, Esq., M.S.W. – MMA Director of Advocacy; Sean Neal, AOA Vice President, Advocacy & Political Affairs	<b>1</b>
<b>12:00-12:45PM</b>	<b><i>Non-CME Session: Beyond Glycemic Control Lunch will be provided</i></b>	<b>Presented by Nisha Nathan, Scientific Director for NovoNordisk</b>	<b>Non-CME</b>
<b>12:45-2:30PM</b>	<b><i>SKI BREAK</i></b>		
<b>2:30-3:30PM</b>	Diagnosing Sciatica	Ron Mosiello, DO	<b>1</b>
<b>3:30-4:30PM</b>	Triaging Psychiatric Emergencies in the Outpatient Setting	Kristen Mazoki, DO	<b>1</b>
<b>4:30-5:00PM</b>	<b>Exhibit Hall Break</b>		<b>0</b>
<b>5:00-6:00PM</b>	Physicians on the slopes: Responding to Ski Emergencies	Cindy Asbjornsen, DO, FAVLS, RPhS, DABVLM	<b>1</b>
<b>6:00-6:45PM</b>	<b><i>Après Welcome Reception, hosted by MOA in the Exhibit Hall</i></b>		
<b><u>Saturday, February 8th</u></b>			<b><u>In Person &amp; Live Stream Content</u></b>
<b>6:30-7:15AM</b>	Registration/Continental Breakfast/Exhibits		<b>7.25</b>

<b>7:15AM-8:00AM</b>	2022 CDC Opioid Prescribing Guideline	Diane Zavotsky, MD	<b>0.75</b>
<b>8:00-8:30AM</b>	Exhibit Hall Break		
<b>8:30-10:30AM</b>	AI in Medicine: 101 Overview, Clinical Use Cases, Ethical/Legal Considerations & Expert Panel Discussion	Frederick Chang, DO Joshua D. Hadiaris, Esq. - Norman, Hanson & DeTroy	<b>2.0</b>
<b>10:30-10:45AM</b>	Exhibit Hall Break		
<b>10:45AM-12:00PM</b>	MOA Business Meeting	Led by Jodie Hermann, DO, MOA President	<b>1</b>
<b>12:00-12:45PM</b>	<i>Non-CME Session: GLP-1 Clinical Trials</i> <i>Lunch will be provided</i>	Presented by NovoNordisk	<b>Non-CME</b>
<b>12:30-2:00PM</b>	<i>SKI BREAK</i>		
<b>2:00-3:30PM</b>	Concussion Management: Lecture & Lab	K. Emily Redding, DO	<b>1.5</b>
<b>3:30-4:00PM</b>	Exhibit Hall Break		<b>0</b>
<b>4:00-5:00PM</b>	DXA Body Composition Analysis, VO2 max and RMR testing to augment behavioral change	Amanda Cardella, DO	<b>1</b>
<b>5:00-6:00PM</b>	Age Positive Medical Care	Kathy Vezina, RN, JD & Rebecca Spear, DO FACP	<b>1</b>
<b>6:30-8:00PM</b>	<i><b>UNE COM Après Reception @ <a href="#">Shipyard Brewhaus</a></b></i> <i>Join the UNE COM community for brews &amp; bites. Attendees and guests welcome, resort shuttle can be used for transportation &amp; live music will follow at the venue!</i>		
<b>Sunday, February 9th    <u>In Person &amp; Live Stream Content</u></b>			
<b>6:30-7:00AM</b>	Continental Breakfast		<b>3</b>

<b>7:00-8:00AM</b>	At Home Initiation of Buprenorphine In The Office Setting	Paul Vinsel, DO	<b>1</b>
<b>8:00-9:00AM</b>	Understanding Struggling Learners	Tristan Reynolds, DO	<b>1</b>
<b>9:00-10:00AM</b>	Medical and Surgical Management of Chronic Rhinosinusitis	Brian Lee, DO	<b>1</b>
<b>10:00-10:15AM</b>	Wrap Up		
<b>10:15 AM</b>	<i>Live Programming Concludes</i>		
<b><u>ON DEMAND CME SESSIONS</u></b>	<b><u>Available during live Symposium and for 30 days following</u></b>		<b>4</b>
	Update from ORS (Overdose Response Strategy) Partnership	James Gioia, Drug Intelligence Officer, New England HIDTA / ME  Shasta Minery, CDC Foundation Overdose Response Strategy	<b>1</b>
	HIV & SUD in Maine: How One County's Recent HIV Cluster Highlights Important Links Between SUD & HIV	Isaac Benowitz, MD	<b>1</b>
	Multidisciplinary approach to Treating Obesity with use of anti- obesity medications	Valerie O'Hara, DO	<b>1</b>
	Dangers of Waiving Patient Balances Such as Coinsurance, Deductibles, Copayments	Tom Force, Esq	<b>1</b>

*Draft agenda is subject to change.*

### **ADDITIONAL SYMPOSIUM EVENTS**

**Virtual Research Forum** – This year’s all virtual research forum will feature online access to 3-5 minute pre-recorded virtual presentation videos, which will be judged by forum faculty. Winners will be announced live at the MOA Symposium and notified following.

Eligible Participants:

- UNE COM medical students
- Medical Residents/Fellows

Categories:

- Basic science research
- Clinical research
- Case studies
- Other scholarship (e.g. literature review)

**Osteopathic Educational Treatment Service** – our volunteer treatment service is expected to return for this year’s Symposium. Anticipate an in-person option to sign up for treatment slots on Friday and Saturday (pending volunteer availability).

**Networking Receptions** – multiple networking receptions are anticipated at the conclusion of CME events on Friday and Saturday. Stay tuned for further details!

**Exhibit Hall** – This year’s Symposium will feature an exhibit hall with opportunity to meet with vendors at dedicated breaks.

**EXHIBIT HALL DATES & HOURS (Tentative)**

Friday, February 7th – 8:00AM – 5:00PM (Ski Break 12:30-2:30PM), Welcome reception in Exhibit Hall 6:00-6:45PM

Saturday, February 8th – 8:00AM-4:00PM (Ski Break 12:30-2:30PM)

**CME ACCREDITATION INFORMATION:**

The MOA is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. The MOA designates this program for a maximum of 21.5 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Other CME types are anticipated and applications will be filed. Final CME determinations & details will be available soon.

**REGISTRATION RATES**

**Early Bird Registration: October 30, 2024-November 27th 2024**

- MOA Member Rate \$520
- Non-Member \$720
- Residents & Student MOA Members Complimentary (Meal fees may apply)

**Regular Registration: November 27, 2024-January 29, 2025**

- MOA Member Rate \$570
- Non-Member \$770
- Residents & Student MOA Members Complimentary (Meal fees may apply)

**Late/At Door: January 30, 2025-Conference**

- MOA Member Rate \$620
- Non-Member \$820
- Residents & Student MOA Members Complimentary (Meal fees may apply)

**Register online at <https://www.mainedo.org/midwinter2025>**

**CANCELLATION & REFUNDS**

If you must cancel, please notify the MOA in writing. A \$50 cancellation fee will be imposed if registration is cancelled prior to January 15, 2025. No refunds will be provided after this date.

**HOTEL LOCATION**

Address: [Jordan Hotel at Sunday River Resort](#), 27 Grand Cir, Newry, ME 04261

**PARKING**

Ample parking is available for both overnight guests and day exhibitors at the Jordan Hotel. Parking is free for all conference attendees.

**ROOM BLOCK**

Group Room Rates are available via [Online booking link](#) (Use code 86H3TZ) or Call 1-800-207-2365 to book your room.

- Jordan Hotel 1 Bedroom Suites \$369, \$389
- Jordan Hotel Studio Units \$239
- Summit Hotel - Studio Units \$259
- Snow Cap Inn - \$222

**Booking Cut Off for Group Rates: 01/06/2025, Rooms at Snow Cap Inn still available**

Lodging rates are per unit per night and subject to resort fee of 12%, plus applicable taxes (total tax & service fee per room approximately 22%) Jordan [Hotel Guest Guide](#) | [Jordan Spa](#) | Summit [Hotel Guest Guide](#)

**DISCOUNTED LIFT TICKETS & GEAR RENTALS**

Use Group Code: 86H3TZ or [click here](#) to get 12% off lift tickets, 20% off gear!

Full link: <https://shop.sundayriver.com/s/dynamic-group-tickets-rental-lesson>

## **OTHER EVENT POLICIES:**

This is a hybrid event. Some content may be presented in an online only format, in person only or available both live and via live-stream. All attendees will have 30 days to view on applicable recorded and demand sessions after they are presented live and attest to CME. Participants will need to complete evaluations for each session attended in the virtual platform to obtain CME credit.

- **Certificate of Attendance:** To claim CME and access your CME certificate, attendees will need to complete an evaluation for each session attended in person or online via the virtual conference platform.
- **Special Needs:** We strive to host inclusive, accessible events that enable all individuals, including individuals with disabilities, to engage fully. To request an accommodation or for inquiries about accessibility, please contact MOA Staff at [office@mainedo.org](mailto:office@mainedo.org) or by phone at 207-623-1101.
- **MOA Grievance Policy:** All grievances should be initially directed in writing to the MOA Executive Director by email to [info@mainedo.org](mailto:info@mainedo.org) who will share them with the MOA's Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council on Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.
- **Health & Safety:** The safety of attendees is our top priority. MOA will continue to monitor local, state, and federal guidelines and work with the conference venue to comply with any relevant health & safety measures. It is assumed in-person attendees are vaccinated and asymptomatic. Should any additional safety measures be determined necessary by MOA, attendees will be notified.
- **Photo Release:** By submitting a registration form, attendees are agreeing to the use and distribution (both now and in the future) of the registrant or attendee's image or voice in photographs, videos, electronic reproductions, and audiotapes of such events and activities by MOA.
- **Community Ground Rules:** As a participant in this event, you agree to adhere to the meeting ground rules, which can be found [here](#), and include being respectful, professional, and courteous to all attendees, speakers, vendors, and venue staff.

**Meeting Goals & Objectives:** The overall objectives of this program are to 1. Highlight the evidence of new, revised, and standard approaches, guidelines and tools for screening, diagnosis and treatment for a variety of medical conditions as it pertains to medical practitioners in various specialties, with an emphasis on primary care. 2. Encourage & demonstrate the integration of osteopathic philosophy and principles into the practice of medicine; and 3. Provide information and tools related to professionalism, teamwork, communication and ethics to help physicians and other clinicians improve their practice of medicine. Each CME topic has its own set of learning objectives, which will be made available to registered attendees.

## **DISCLOSURE AND CONFLICT OF INTEREST RESOLUTION:**

All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or the lack thereof, will be provided to learners.

**EVENT CONTACT**

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