# 2023 Midwinter Symposium

### A Hybrid Event: Access to In Person & Online Content

June 2nd-4th, 2023 Samoset Resort, Rockport, Maine



#### Featuring Keynote Speaker



#### Lee Bartel, PhD.

#### Don't Miss Lee's Session

<u>Saturday morning Keynote Address:</u> 8:30am-9:30am - Sound as Medicine: Connecting the Dots in Music and Health  21.25 AOA Category 1A | 21.25 AMA PRA Category 1 CreditTM |10.25 Live AAFP Prescribed credits.

CME By The

Sea

• Flexible mix of In Person & Virtual Sessions

### **Special Events:**

- Exhibit Hall Featuring Vendors & Prize raffles
- Optional Lobster Bake \*tickets required\*
- Presidential Reception honoring incoming MOA President, Jodie Hermann, DO cash bar & appetizers
- FREE Comedy show for all attendees and guests-Sponsored by UNECOM
- FREE MOA Kid's Camp Saturday evening
- Yoga
- Walk/Run 5k!
- Putting Tournament to benefit the MOEF

PO Box 315, 29 Association Dr, Manchester, ME 04351 207-623-1101 www.mainedo.org MOA Professional & Public Education Committee Co-Chairs: Josephine Conte, DO & John Diefenderfer, DO





Scan to access the virtual platform (to complete session evaluations/ CME attestation)

Wi-Fi: Network: Samoset Resort Password: Last name on reservation & room number

## Samoset Resort Spa discount!

All registrants can take advantage of 10% off facials, excluding HydraFacials, as well as their brand-new Vibroacoustic Touchless Services at a special rate of \$30 for a 30-minute session! Mention Karen & Paul when booking to receive your discount. (207) 594-2511

### 112th Annual Convention Program Agenda

Agenda Subject to Change

	Friday June 2n	d, 2023: 7 CMEs		
Time	Session/Event	Presented By:	Room	CME
7:00AM	REGISTRATION DESK OPENS		Schooner	N/A
	A Treatment Option for Patients with			
	Heart Failure Sponsored by	Victor N. Howrd, MD		
7:30AM-	AstraZeneca Pharmaceuticals, LP (No	& Justin Fongemie,		
8:30AM	CME)	PharmD	Knox	N/A
	ME ACOFP Chapter Breakfast			
	Meeting – All family physicians	Leigh "Jack" Forbush,		
8:00AM	welcome to attend	DO	Penn Bay	N/A
9:00AM-	"No one listens to me" Approaching			
10:00AM	Personality Disorders in Primary Care	Kristen Mazoki, DO	Knox	1
10:00AM-				
3:00PM	Exhibit Hall Open	1	State of Maine	N/A
10:00AM-	Pain Management and Opioids:			
12:00PM	Balancing Risks and Benefits (2.0 hrs)	Annette Carron, DO	Knox	2
12:00PM-				
12:30PM	Lunch Break in Exhibit Hall	1	State of Maine	N/A
	Important Diagnostic and			
	Therapeutic Considerations for			
	Managing Serious Infections in			
	Patients with Substance Abuse, The			
12:30PM-	Homeless or Incarcerated and the			
1:30PM	Elderly	Emil Lesho, DO	Knox	1
1:30PM-				
2:30PM	OMM For the Busy Physician	Mary Yee, DO	Knox	1
2:30PM-				
3:00PM	Exhibit Hall Break	I	State of Maine	N/A
3:00PM-	-			
4:00PM	Gait Impairment: Parkinsonisms	Hunter Sweet, DO	Knox	1
	An Experiential Exploration of the			
4:00PM-	Energetics Of The Human Body and			
5:00PM	Biofield	Jessica Bell, DO	Knox	1
5:00PM-	Past President's Meeting &	MOA Past Presidents		
6:00PM	Champagne Reception	& Guests	Penn Bay	N/A
6:15PM	Lobster Dinner Shuttle Begins	I	Samoset Lobby P	ickup
	Lobster Dinner at The Landings			
6:30PM-	Restaurant in Rockland-all welcome,			
8:00PM	tickets required	The Landings Resta	urant, Rockland	N/A

\*Session objectives available on virtual platform\*

# Join us for Friday's

### Lobster Bake!

Friday 6:30PM Lobster Dinner offsite at The Landings Restaurant in Rockland-\*Tickets required\* Transportation provided to and from. Pick up your tickets with your name tag at the registration desk!





### 112th Annual Convention Program Agenda

Agenda Subject to Change

Time	Session/Event	l, 2023: 5.25 CMEs Presented By:	Room	CME
6:30AM	REGISTRATION DESK OPENS		Schooner	N/A
	Breakfast Lecture"More than			
	just a mask: obstructive sleep			
	apnea and the role of surgical			
	sleep and upper airway stimulation" Provided by Inspire	Rebecca Harvey, MD		
7:00AM- 8:00AM	(NO CME)	Inspire Sleep Apnea	Knox	N/A
8:00AM- 4:00PM	Exhibit Hall Open		State of Maine	N/A
8:00AM-8:30AM	Break			
	KEYNOTE: Sound as			
	Medicine: Connecting the			
8:30AM-9:30AM	Dots in Music and Health	Lee Bartel, PhD	Клох	1
30AM-10:00AM	Exhibit Hall Break		State of Maine	N/A
		AOA & ACOFP Update,		
	MOA Business Meeting (1	MOA Elections, Budget		
10:00AM-11:30AM			Know	1
11:30AM-12:00PM		Approval, etc.	Knox	1
11.30AW-12.00FW			1	I
	MOA Awards Luncheon &	Presentation of MOA		
	Presidential Inauguration	Awards & Service Pins,		
	Co-Sponsored by Medical	Incoming MOA President		
12:00PM-1:00PM	Mutual Insurance of Maine	Oath of Office	Knox	N/A
1:00PM-1:30PM	Exhibit Hall Break		State of Maine	N/A
	PFAS: What Clinicians			
1:30PM-2:30PM	Should Know	Rachel Criswell, MD	Knox	1
	"Quick Hits" Acute			
2:30PM-3:30PM	Orthopedic Injuries	Rob Stevens, DO	Knox	1
3:30PM-3:45PM	Stretch/Movement Break			
		K. Emily Redding, DO		
		(moderator), Janet May		
		Coordinator, UMaine		
		Center for Community		
	Panel Discussion: The Lived	Inclusion and Disability		
	Experience of Disability in	Studies, & Avery		
	Maine: Better Care for	Olmstead, MLIS, activist,		
3:45PM-5:00PM	Patients with Disabilities	writer, and public speaker	Knox	1.25
	Presidential Reception			
	Honoring Incoming MOA	All attendees & their	Vinalhaven/	
	President Jodie Hermann,	quests welcome to	Hallway	
5:30 PM-6:15PM	DO	attendee	outside Knox	N/A
	Comedy Show featuring	All attendees & their		
	Karen Morgan Sponsored	quests welcome to		
6115DM_7-20DM		-	Knov	NI/A
5:15PM-7:30PM	by UNE COM	attendee	Knox	N/A
	Camp MOA- supervised fu			
5:30PM-8:00PM	dinner and a movie) T-Shii		North Haven	N/A
2120LINI-0100LINI	AAG		North Haven	M/A

\*Session objectives available on virtual platform\*

> Scan me to view on demand content



**Attention all MOA Members: Call to Meeting** 

<u>Agenda items will include:</u> 1) AOA & ACOFP Update 2) MOA Elections 3) Budget Approval Annual Business Meeting Saturday, June 3, 2023 10:00am-11:30am-Knox County

All dues-paid members of the Maine Osteopathic Association are encouraged to participate & cast their vote.

### 112th Annual Convention Program Agenda

Agenda Subject to Change

Sunday June 4th, 2023: On Site Activities & Virtual CME (no live in person CME today, no exhibit hall)         Time       Session/Event       Presented By:       Room         B:00AM       SK Fun Run/Walk/ Roll       Meet at the Fitness Center         B:00AM       5K Fun Run/Walk/ Roll       Entrance         B:00AM       Yoga       Madison Purdy       Lawn by the Pool         Meet at the Clubhouse       Meet at the Clubhouse       Meet at the Clubhouse         B:00AM-       Golf Putting Tournament to       Grill/ Golf         D:00AM-       Golf Putting Tournament to       Grill/ Golf         D:00AM-       Golf Putting Tournament to       Course         Tennis, Pickleball and other outdoor activities on your own!       ON DEMAND SESSIONS - 9.0 CMEs         Available for viewing upon access to virtual platform and for 30 days post-event       Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension (PAH): An         Overview       Joel Wirth, MD       1 CME         Navigating Troubled Water: How       1 CME
Meet at the Fitness Center Entrance Led by MOA's D:00AM Yoga Madison Purdy Lawn by the Pool Meet at the Clubhouse 10:00AM- Golf Putting Tournament to Clubhouse 10:00AM- Golf Putting Tournament to Denefit MOEF \$25/putt Course Tennis, Pickleball and other outdoor activities on your own! ON DEMAND SESSIONS - 9.0 CMEs Available for viewing upon access to virtual platform and for 30 days post-event Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension (PAH): An Overview Joel Wirth, MD 1 CME
Fitness Center         B:00AM 5K Fun Run/Walk/ Roll         Entrance         Led by MOA's         B:00AM Yoga         Madison Purdy         Led by MOA's         B:00AM Yoga         Madison Purdy         Led by MOA's         Meet at the Clubhouse         Clubhouse         10:00AM-         Golf Putting Tournament to       Grill/ Golf         10:00AM-         Golf Putting Tournament to       Grill/ Golf         10:00AM-         Benefit MOEF \$25/putt       course         Tennis, Pickleball and other outdoor activities on your own!         ON DEMAND SESSIONS - 9.0 CMEs         Available for viewing upon access to virtual platform and for 30 days post-event         Screening, Diagnosis, and         Treatment of Pulmonary Arterial         Hypertension (PAH): An         Overview         Joel Wirth, MD         OVEE
B:00AM       5K Fun Run/Walk/ Roll       Entrance         Led by MOA's       Lawn by the Pool         9:00AM       Yoga       Madison Purdy       Lawn by the Pool         Meet at the Clubhouse       Meet at the Clubhouse       Clubhouse         10:00AM-       Golf Putting Tournament to       Grill/ Golf         12:00PM       benefit MOEF \$25/putt       course         Tennis, Pickleball and other outdoor activities on your own!         ON DEMAND SESSIONS - 9.0 CMEs         Available for viewing upon access to virtual platform and for 30 days post-event         Screening, Diagnosis, and         Treatment of Pulmonary Arterial       Hypertension (PAH): An         Overview       Joel Wirth, MD       1 CME
Led by MOA's         D:00AM       Yoga       Madison Purdy       Lawn by the Pool         Meet at the Clubhouse       Meet at the Clubhouse         10:00AM-       Golf Putting Tournament to       Grill/ Golf         12:00PM       benefit MOEF \$25/putt       course         Tennis, Pickleball and other outdoor activities on your own!         ON DEMAND SESSIONS - 9.0 CMEs         Available for viewing upon access to virtual platform and for 30 days post-event         Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension (PAH): An Overview       Joel Wirth, MD       1 CME
Yoga       Madison Purdy       Lawn by the Pool         Meet at the       Clubhouse         Clubhouse       Golf Putting Tournament to       Grill/ Golf         10:00AM-       Golf Putting Tournament to       Grill/ Golf         12:00PM       benefit MOEF \$25/putt       course         Tennis, Pickleball and other outdoor activities on your own!         ON DEMAND SESSIONS - 9.0 CMEs         Available for viewing upon access to virtual platform and for 30 days post-event         Screening, Diagnosis, and       Treatment of Pulmonary Arterial         Hypertension (PAH): An       Overview       Joel Wirth, MD       1 CME
Meet at the Clubhouse         10:00AM- I2:00PM       Golf Putting Tournament to benefit MOEF \$25/putt         Conse         Tennis, Pickleball and other outdoor activities on your own!         ON DEMAND SESSIONS - 9.0 CMEs         Available for viewing upon access to virtual platform and for 30 days post-event         Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension (PAH): An Overview         Joel Wirth, MD       1 CME
Clubhouse Clubhouse Clubhouse Grill/ Golf 12:00PM benefit MOEF \$25/putt course Tennis, Pickleball and other outdoor activities on your own! ON DEMAND SESSIONS - 9.0 CMEs Available for viewing upon access to virtual platform and for 30 days post-event Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension (PAH): An Overview Joel Wirth, MD 1 CME
10:00AM- 12:00PM       Golf Putting Tournament to benefit MOEF \$25/putt       Grill/ Golf course         Tennis, Pickleball and other outdoor activities on your own!         ON DEMAND SESSIONS - 9.0 CMEs         Available for viewing upon access to virtual platform and for 30 days post-event         Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension (PAH): An Overview         Joel Wirth, MD         OVE
I2:00PM         benefit MOEF \$25/putt         course           Tennis, Pickleball and other outdoor activities on your own!         ON DEMAND SESSIONS - 9.0 CMEs           Available for viewing upon access to virtual platform and for 30 days post-event         Screening, Diagnosis, and           Screening, Diagnosis, and         Treatment of Pulmonary Arterial           Hypertension (PAH): An         Overview           Overview         Joel Wirth, MD         1 CME
Tennis, Pickleball and other outdoor activities on your own!         ON DEMAND SESSIONS - 9.0 CMEs         Available for viewing upon access to virtual platform and for 30 days post-event         Screening, Diagnosis, and         Treatment of Pulmonary Arterial         Hypertension (PAH): An         Overview       Joel Wirth, MD       1 CME
ON DEMAND SESSIONS - 9.0 CMEs Available for viewing upon access to virtual platform and for 30 days post-event Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension (PAH): An Overview Joel Wirth, MD 1 CME
Available for viewing upon access to virtual platform and for 30 days post-event Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension (PAH): An Overview Joel Wirth, MD 1 CME
Screening, Diagnosis, and Treatment of Pulmonary Arterial Hypertension (PAH): An Overview Joel Wirth, MD 1 CME
Treatment of Pulmonary Arterial Hypertension (PAH): An Overview Joel Wirth, MD 1 CME
Hypertension (PAH): An Overview Joel Wirth, MD 1 CME
Overview Joel Wirth, MD 1 CME
*
Navigating Troubled Water: How
Unprofessional Conduct can
Complicate Defense of
Malpractice and Board Complaints and How to Find Emily Bloch, Esq. &
Your Way Back to Safe Harbor Mark Lavoie, Esq. 1 CME
Elisabeth
PMP Features to Enhance Safety Fowlie-Mock, MD 1 CME
A Scientific Exploration of The
Energetics of the Human Body,
the Human Biofield and Their
Contribution to Osteopathic Jessica Bell, DO &
Treatment Charles Bell, DO 1.25 CME
Addressing Scope of Practice Raine Richards, JD
Issues Nationwide and in Maine: (AOA) Joel Kasen,
Review of Resources and DO & Amanda
Strategies Richards 1 CME
Hospice: How to Effectively
Treat and Relieve Suffering at
End of Life Alexandra Barr, DO 1 CME
The Original Lifestyle Medicine Josie Conte, DO &
Case Based Discussion from Kim Povey,
an Ayurvedic & Osteopathic Ayurveda Doctoral
Lens Candidate 1 CME
Early Identification and
Diagnosis of Axial Mohamad Bittar,
Spondyloarthritis) MD .75 CME
Update on Billing/Coding Issues:
What's New & What's Coming Cynthia Penkala 1 CME







Т

Saturday, June 3rd 12:00pm-1:00pm Knox County Ballroom



**Medical**Mutual

# Thank you to our Exhibitors &

#### **Exhibit Hall Hours:**

Friday, June 2nd - 10:00AM-3:00PM (12:00-12:30 PM Exhibit Hall Break) (2:30-3:00PM Exhibit Hall Break) Saturday, June 3rd - 8:00AM-4:00PM (9:30AM-10:30AM Exhibit Hall Break) (1:00PM-1:30PM Exhibit Hall Break)

# Sponsors!

#### 112th Annual Convention Exhibitors Booth # Organization 5 AAOA Aledade 11 9 AOBEP 16 Astellas Pharma US, Inc 3 AstraZeneca Pharmaceuticals 1 AstraZeneca 13 **Baystate Financial** 6 **Bristol Myers Squibb** 7 **Bristol Myers Squibb** 15 Boerhinger-Ingelheim 22 Dexcom 20 Exact Sciences 12 Ferring Pharmaceuticals 23 GSK Vaccines 14 Janssen Pharma Kennebec Pharmacy & Home 17 Care Maine Mobile CPR 21 Δ Mascoma Bank 18 Merck Vaccines 10 Mountain View Medical Billing New England Osteopathic 25 Heritage Center 19 Novo Nordisk Inc 8 Pfizer Vaccines 24 Teva Pharmaceuticals 2 University of New England COM

#### Exhibit Hall Punch Card Raffle

*Visit exhibitors during the refreshment breaks and have your card punched by at least 75% of the exhibitors for a chance to win the Grand Prize! Drop of your completed punch-card by 3:00 PM on Saturday at the Registration Desk. Grand Prize winner will be drawn at 3:30 PM on Saturday in the Exhibit Hall!* 

Other door prizes drawn at every break!

### Gold Sponsor





# MOA Board of Directors & Executive Committee



### MOA Executive Committee

Brian Kaufman, D.O. President Jodie Herman, D.O. President-Elect Kathryn Brandt, D.O Treasurer David Scaccia, D.O., MPH Immediate Past President

### **MOA Board of Directors**

Audrey Okun-Langlais, D.O. Isabella Askari, MPH, D.O. Josephine Conte, D.O. Emily Redding, D.O. Romeo Lucas, D.O. Ryan Smith, D.O., PhD Karen Benezra, D.O. Jerald Hurdle, D.O.

### UNE COM Student Representative Max Russell, OMS-I

#### **Resident Representative**

Breanna Glynn, D.O.

### MOA Staff

Amanda Richards, Executive Director Madison Purdy, Operations & Membership Coordinator

### Welcome! From your Professional & Public Education Committee Co-Chairs

Welcome to the MOA's 112th Convention at the beautiful Samoset Resort (and online)! Thank you for taking the time to join us in person or virtually. We are looking forward to a diverse mix of educational sessions as well as many other opportunities to connect, celebrate and enjoy our Maine DO Family this weekend.

We know that our members enjoy both in person and virtual/online CME options, and so we have strived to provide multiple formats and viewing options for recent events. The MOA Program Committee will soon be asking for your feedback to guide the direction for our 2024 events and beyond. Given the rising costs of hybrid events, it is becoming increasingly difficult to continue to offer two large-scale hybrid events per year that include comprehensive in person and online viewing options. In order to meet our budget targets that allow us to be a sustainable organization long-term, we are seeking your input to help us re-evaluate our events and formats. Please help us understand your needs and priorities to guide our decision on meeting formats, locations, topics, etc. for 2024 by participating in our CME survey, which will be launched at the end of this meeting with a link sent via email to all members and conference attendees.

If you participate in this survey, you will be entered to win \$200 off a 2024 event (discount will be applicable regardless of event format, Email required to be entered to win). The deadline to share your input is July 1st, 2023. Thank you for trusting us to meet your CME needs. And we

hope you enjoy the weekend!





Josephine Conte, DO

John Diefenderfer, DO

# How do I claim my CME?

CME: Please log in to the event platform & complete your evaluations to get CME. All evals accreditation details and and CME attestation should be completed online via the virtual platform. For easy access, scan the QR code or follow this link: https://www.thecmecenter.org/ questbook/4979905.

(Login with the email you used to register for the Annual Convention) For session objectives, faculty bios. full CME more, visit the 112th Annual **Convention Virtual Platform** 



50/50 Raffle to Benefit the MOEF!

1 ticket/\$1.00 7 tickets/\$5.00 Arm's length of tickets/ \$20.00

Winner will be drawn before the comedy show Saturday evening 6/3/23 MUST BE PRESENT TO WIN



**Chapter Breakfast Meeting** Friday, June 2nd, 2023 8:00am at The Samoset Resort Penobscot Bay Room

Join Maine's Osteopathic Family Physicians! Meeting open to all-- Details on www.maineacofp.org



Plus a special update from AOBFP

# Yoga on the Lawn



\$25/putt!

СНАРТЕК

Join Madison from the MOA for an all-levels yoga class! Sunday, June 4th 9-10am

This class is free to all attendees and quests. All bodies and all levels welcome! Mats will be provided

### **Putting Tournament!**

To benefit the MOEF! Sunday, June 4th 10am-12pm Meet us at the **Clubhouse** Grill!





### **5K Walk/Run**

Sunday, June 4th 8am-9am

We will meet at the Samoset Fitness Center Entrance Must sign a waiver to participate.

### A Message from your MOA President

Greetings friends and colleagues and Welcome to the 2023 112th Annual Convention!

I write to you for the last time as your President. I have always endeavored to represent your ideas and ideals, while steering and advocating for our group. It has been a wonderful experience and I have extended my views, and abilities of leadership, advocacy, osteopathic practice, and have enjoyed getting to know all of you a bit better.

I am not able to attend the conference this year as our middle child, Xander, is graduating high school, but will be with you in spirit (and possibly might pop-in online!). I will provide my President's report as usual but will be handing the running of this conference to your incoming president Jodie Hermann DO, who will also be inaugurated this year. Dr. Hermann has already put in a lot of work to get ready for this role and is excited to take over the steering of our organization. I sincerely hope that everyone will be present for both the inauguration and the reception celebration, so that she can hear and be with all of our members. I know you are in great hands going forward.

Please join me in thanking the MOA Education co-chairs Dr. Josephine Conte and Dr. John Diefenderfer, as well as the MOA Program Committee and our staff who all worked very hard to bring together a lot of talent that is going to provide content that is readily practical, applicable, and interesting.

I want to take a special moment to thank Dr. Josie Conte, who has been chairing the program committee for several years now and is going to be moving forward to other roles. I know that we all anticipate many great innovations for our future conferences!

We all have many opportunities for continuing education, but I believe the experience of learning in fellowship with our osteopathic peers, friends, and colleagues at MOA events is truly your best option (I might be biased but it does not mean this is not true)! We encourage you to take advantage of all that we offer at our hybrid events and to make meaningful connections with your osteopathic colleagues whether virtually or in person.

As physicians we face many challenges every day including decreased reimbursement, increased administrative and prior authorization burdens, expansion of non-physician practice rights, and possibly the worst violation is political intrusion on medical decision making. Each of these assaults contribute to practice dissatisfaction, burnout, and disenchantment with medical practice. I have heard these concerns from many of you, many times. The MOA staff, executive committee, board, members, and students that join us in our committee meetings all work to improve healthcare in our state and to allow you to continue to practice safely, and effectively. Together we work to "chip away" at those external factors that compromise physician satisfaction, increase burnout, and diminish the physician-patient relationship, ultimately worsening health outcomes for our patients.

Our organization continues to work to amplify our voice and foster needed change, but it takes many voices to create a lasting impact. Therefore, I am asking EVERYONE to consider not whether to increase your involvement, but how you are able to help, then please let us know. It will take ALL of us to protect our profession. As your President, I thank you all for your past and current support.

As always, I encourage you to talk to any of us on the board, executive committee, or our executive director, Amanda Richards by phone, in person, or email. Your opinions, ideas and voices are what make this the Maine Osteopathic Association.



Sincerely, Brian Kaufman Brian Kaufman, DO, FASAM, FACP, FACOI — MOA President (for a few more days)

### Are you ready to explore mentoring?

MOA has teamed up with Mentor City - A FREE, online platform to connect you to the next generation of physicians.



Join the MOAs new network on the online mentoring platform, Mentor City! FREE!

Visit: www.mentorcity.com to sign up today! Or visit www.mainedo.org/mentorcity to find out more!



DID YOU KNOW? The MOA has a group dental plan through Northeast Delta Insurance for MOA members-only. The plan is designed for physicians, their employees and families.

> Members who have not participated in the past can join our group plan anytime



#### Give us a call at 207-623-1101 or email office@mainedo.org for more information

# Not a member?

# You can be!

We have a variety of membership types to choose from to stay connected with the DO community!

Visit www.mainedo.org, come see us at the registration desk or give us a call at



We look forward to connecting YOU to the MOA community!



Visit: www.thecmecenter.org to browse our online CME! EDUCATION MADE EASY.

Northeast Delta Dental

# **Community Ground Rules**

The MOA Program Committee has crafted some new community ground rules that we ask you to consider and honor throughout our time together.

**Be professional, respectful and courteous**-- of your peers, fellow colleagues and the speaker (criticism, sarcasm, raised voices, bullying, etc. will not be tolerated), save constructive feedback for evaluations. Agree to disagree when necessary.

**Be mindful of who has the floor**. Only the person with the microphone may ask a question/speak. Raise your hand to alert the moderator or speaker that you have a question. Please do not talk over the speaker or your colleagues. Take any side conversations outside so as not to disturb others.

*Step Up. Step Back.* Please limit your questions to one per session to allow all to participate in Q&A. Be as concise as possible.

*Stay on topic.* If you would like to have a conversation with the speaker or share your own comments, please do that one on one after the session.

**Be present.** Stay as alert and engaged as possible. Standing, or moving around the room to stay engaged is welcomed!









# **Private Banking** for Physicians

Mascoma Bank's Private Banking team is proud to support the Maine Osteopathic Association.

David Carter has over 25 years of experience assisting physicians with practice acquisition, real estate and equipment financing, cash management, financial planning, and other business and personal banking needs of physicians and their families.

#### Find out more today.

David Carter, Private Banker David.Carter@mascomabank.com NMLS# 529558





COMMUNITY FIRST SINCE 1899

#### **Conference Details**

**Program Objectives:** The overall objectives of this program are to 1. Highlight the evidence on new, revised, and standard approaches, guidelines and tools for screening, diagnosis and treatment for a variety of medical conditions as it pertains to medical practitioners in various specialties, with an emphasis on primary care; 2. Encourage & demonstrate the integration of osteopathic philosophy and principles into the practice of medicine; and 3. Provide information pertinent to improving the practice of medicine with themes such as professionalism, teamwork, communication and ethics. Each CME topic has its own set of learning objectives, which will be made available to registered attendees.

**Special Needs:** If you or your guest require any special arrangements or dietary needs to attend this program, please indicate your need on the registration form, or contact MOA at 207-623-1101.

**Health & Safety**: The safety of attendees is our top priority. MOA will continue to monitor local, state, and federal guidelines and work with the conference venue to comply with any relevant health & safety measures. It is assumed in-person attendees are vaccinated and asymptomatic. Should any additional safety measures be determined necessary by MOA, attendees will be notified.

**Disclaimer:** The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the MOA. In no event will the MOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity. This event may be supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will be provided prior to the start of the activity.

**MOA Grievance Policy:** All grievances should be initially directed in writing to the MOA Director by email to: info@mainedo.org who will share them with the MOA's Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council of Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

#### Accreditation Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Osteopathic Association and Maine Osteopathic Association (MOA). The American Osteopathic Association is accredited by the ACCME to provide continuing medical education for physicians.

**AMA CME**: The American Osteopathic Association designates this live activity for a maximum of 21.25 AMA PRA Category 1 CreditTM. Physicians should claim only credit commensurate with the extent of their participation in the activity.

**AOA CME Accreditation:** The Maine Osteopathic Association is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Maine Osteopathic Association designates this program for 21.25 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extend of the physician's participation in this activity.

**AAFP Accreditation:** The AAFP has reviewed 112th MOA Annual Convention and deemed it acceptable for up to 10.25 Live AAFP Prescribed credits. Term of Approval is from 06/02/2023 to 06/03/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please note that the following sessions do not carry AAFP credit.

- MOA Business Meeting
- Sound as Medicine: Neuroscience of Music Therapy

**Prescribing CME**: Designated sessions qualify for 3.0 Opioid Prescribing CME credit pursuant to licensing requirements for the Board of Licensure in Medicine in Maine and the Maine Osteopathic Board of Licensure. These sessions qualify for this credit:

- PMP Features to Enhance Safety (1.0 CME)
- Pain Management and Opioids: Balancing Risks and Benefits (2.0 CMEs)

#### DISCLOSURE AND CONFLICT OF INTEREST RESOLUTION:

All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or the lack thereof, will be provided to learners.

#### Claiming CME & Accessing Certificates

- 1. Watch the session live or in person and complete the session evaluation online via the virtual platform.
- 2. Once you have completed the sessions you wish to obtain credit for, please visit the "Certification" tab to <u>complete the overall</u> <u>evaluation</u> and generate your CME certificate.
  - a. MOA will NOT be sending a CME certificate (unless you completed credit for viewing research presentations-- see Research Forum tab for full details on this credit specifically). If you have any issues finding your certificate in the virtual platform or believe that it contains an error, please contact MOA staff.
  - b.MOA staff will report AOA CME credits (if applicable) directly to the AOA following the July 7th deadline. Once reported, they will become available in your TRAcme report via your AOA account.

#### UNIVERSITY OF NEW ENGLAND COLLEGE OF OSTEOPATHIC MEDICINE

### **NEW ENGLAND'S ONLY OSTEOPATHIC MEDICAL SCHOOL**

Providing student-focused education to create patient-focused doctors.



# Partners in patient safety & medical liability protection



