

## Friday, June 5 | 12.0 CME

7:00 AM	<b>Registration Desk Open</b>	Schooner
7:30 AM	<b>Continental Breakfast Available</b>	State of Maine Hall
8:00 AM-4:00 PM	<b>Exhibit Hall Open</b>	State of Maine Hall
8:00-9:00 AM	<b>Psych Update for Primary Care</b> <i>Presented by Kristen Mazoki, DO</i>	Knox County Ballroom 1.0 CME
9:00-10:00 AM	<b>Lifestyle Medicine in Action: Introducing Practical Tools for Busy Visits</b> <i>Presented by Amanda Cardella, DO, DipABLM</i>	Knox County Ballroom 1.0 CME
9:30-11:00 AM	<b>ME Section ACOG Membership Meeting</b>	Penobscot Bay No CME
10:00-10:30 AM	<b>Exhibit Hall Break</b>	State of Maine Hall
10:30-11:30 AM	<b>Maine Rural Health Transformation Program: What Providers Need to Know</b> <i>Presented by Lisa M. Letourneau, MD, MPH</i>	Knox County Ballroom 1.0 CME
11:30 AM-12:30 PM	<b>Navigating Rural Public Health Changes</b> <i>Presented by Puthiery Va, DO - Director Maine CDC</i>	Knox County Ballroom 1.0 CME
12:30-1:00 PM	<b>Lunch Break in Exhibit Hall</b>	State of Maine Hall

### Knox County Ballroom

	Emergency Medicine Track	
1:00-2:00 PM	<b>When 911 is Too Late: Surviving Active Violence Incidents Through Tactical Medicine</b> <i>Presented by John Dery, DO</i>	1.0 CME
2:00-3:00 PM	<b>Initial Emergency Department Management of Acute Surgical &amp; Traumatic Injuries: Capsule Commentaries for All Providers</b> <i>Presented by David Coffman, DO</i>	1.0 CME
3:00-3:30PM	<b>Exhibit Hall Break</b>	
3:00PM	<b>MOA Past Presidents' Council Meeting</b>	
3:30-4:30 PM	<b>Appropriate Emergent Use of MRI</b> <i>Presented by Sean Lombard, DO</i>	1.0 CME
4:30-5:30 PM	<b>Emergency Medicine Rapid Fire Review</b> <i>Presented by Laura Gurenlian, DO, MBS</i>	1.0 CME

### BayPoint Ballroom

	ME ACOG Obstetrics & Gynecology Track	
1:00-2:00 PM	<b>Effective Strategies for Supporting Pregnant Women with Substance Use Disorder</b> <i>Presented by Alane O'Connor, DNP</i>	1.0 CME
2:00-3:00 PM	<b>Pulling Back the Curtain: Maternal Child Health Data to Action</b> <i>Presented by Elizabeth Winterbauer, MPH; Mariah Pfeiffer; Fleur Hopper; Kathleen Hastings, MPH, BS, RN, IBCLC</i>	1.0 CME
3:30-4:30 PM	<b>The Hospital and Doula Collaborative Toolkit: A New Resource for Integrating Birth Teams</b> <i>Presented by Sarah Tewhey L.Ac, Doula</i>	1.0 CME
4:30-5:30 PM	<b>Introducing 'Pelvic Health Alliance of Maine': Multi-Disciplinary Collaboration in Pelvic Pain/Dysfunction</b> <i>Presented by Romeo Lucas, DO</i>	1.0 CME

### 6:00-7:00 PM Opening Reception with UNE COM

Join us for happy hour on the lawn by the Samoset infinity pool. Expect lawn games, bites & beverages. All attendees, guests and UNE COM extended community are welcome.

## Saturday, June 6 | 6.0 CME

6:30 AM	<b>Registration Desk Open</b> Continental Breakfast Available	Schooner State of Maine Hall
7:00-8:00 AM	<b>Beyond BMI: A Whole-Body Approach to Obesity &amp; Metabolic Health</b> <i>Presented by Lisa Lucas, DO, DABOM, MSCP</i>	Knox County Ballroom 1.0 CME
8:00 AM-1:00 PM	<b>Exhibit Hall Open</b>	State of Maine Hall
8:00-9:00 AM	<b>When Swelling Isn't Just Edema</b> <i>Presented by Cindy Asbjornsen, DO</i>	Knox County Ballroom 1.0 CME
9:00-10:00 AM	<b>COPD Update</b> <i>Presented by Andrew Freedman, DO</i>	Knox County Ballroom 1.0 CME
10:00-10:30 AM	<b>Exhibit Hall Break/Stretch &amp; Refresh</b>	State of Maine Hall
10:30-11:30 AM	<b>MOA Business Meeting Meeting</b>	Knox County Ballroom 1.0 CME
12:00-1:00 PM	<b>Buffet Lunch in Exhibit Hall</b>	State of Maine Hall
1:00-2:00 PM	<b>Women's Cardiovascular Health and Updates in Heart Failure with Preserved Ejection Fraction</b> <i>Presented by Amina Qazi, DO</i>	Knox County Ballroom 1.0 CME
2:00-3:00 PM	<b>2026 ACA Lipid Guideline Update</b> <i>Presented by Tahlia Wolfgang, DO</i>	Knox County Ballroom 1.0 CME
3:00-4:00 PM	<b>ME ACOFP Meeting</b> Snacks sponsored by ACOFP	Penobscot Bay
3:00-6:00 PM	<b>Free Time</b>	
4:00-5:00 PM	<b>MOEF Board Meeting</b>	Penobscot Bay
5:00-8:00 PM	<b>MOA Kids Camp</b> <i>Supervised fun for kids aged 3+</i>	North Haven
6:00-8:00 PM	<b>MOA Awards Ceremony &amp; Reception</b> <i>Dinner &amp; entertainment provided. All attendees and guests invited to attend. RSVP may be required</i>	Knox County Ballroom



Raffle ticket items, auction items and a 50/50 drawing, all supporting the MOEF, will be at the MOA Convention. Auction items will be on display in the registration room (Schooner) and at the Saturday evening reception. The drawings for winners will take place at the evening reception on Saturday, June 6 in the Knox County Ballroom. Winners need not be present to win.



**MOA Kids Camp Sign-Up**  
Saturday, June 6  
5-8pm | North Haven  
*Supervised fun for kids aged 3+*



**5k Fun Run/Walk Sign-Up**  
Sunday, June 7  
7am | Fitness Center Entrance  
*Prize for the first place finisher!*

## Sunday, June 7 | 3.75 CME

No In-Person CME Programming – Check out or stay to enjoy the resort amenities!

Potential Additional Wellness Activities: Tennis/Pickleball, Yoga, Ultimate backyard lawn games

7:00 AM	<b>MOA 5k Fun Run/Walk</b> <i>Prize for the first place finisher!</i>	Fitness Center Entrance
<b>On Demand/Virtual Only Content</b>		<b>3.75 CME</b>
	<b>Am I Being Sued?: How to Respond to Medical Legal Inquiries and Proceedings Affecting Your Patients and Practice</b> <i>Presented by Devin W. Deane, Esq.; J.D. Hadjaris, Esq. and Kelly Hoffman, Esq. – Norman, Hanson &amp; DeTroy</i>	1.0 CME
	<b>The ABCs of Anxiety and Zzzs: Benzodiazepines and Z-Drugs Explained</b> <i>Presented by C. Jason Mallo, DO</i>	1.0 CME
	<b>“Is There a Doctor OnBoard?” In-Flight Emergencies?</b> <i>Presented by John Dery, DO</i>	1.0 CME
	<b>Defensible Documentation: Basics for all Clinicians</b> <i>Presented by Alicia LaRoche, MHA, CPHRM, HACP – Medical Mutual Insurance Co. of Maine</i>	0.75 CME



### Save the Date – VOCCME 2027 Launches February 12, 2027

MOA is continuing to participate in VOCCME’s flexible, high-quality CME—and enjoy exclusive **MOA member discounts** when you register.

Earn credits in 8-credit bundles or complete the full 48-credit program (most popular & best value), Accredited for both AOA & AMA PRA Category 1 Credit™

<http://voccme.org/>



### Save the Date – MOA 116th Convention June 3-6, 2027 | Samoset Resort, Rockport, ME

## Event Policies

**Meeting Goals & Objectives:** At the conclusion of this conference, participants will be able to: 1. Apply evidence-based, osteopathic-informed clinical strategies to the prevention, evaluation, and management of common, complex, acute, and chronic conditions encountered in primary care, emergency medicine, and women's health. 2. Optimize healthcare delivery in rural and resource-limited settings by integrating updated public health policy, interdisciplinary collaboration, and practical tools that improve access, care coordination, patient outcomes, and population health in Maine. 3. Strengthen sustainable clinical practice and patient-centered care through effective communication, risk management, defensible documentation, lifestyle and wellness interventions, and attention to clinician well-being.

**Disclosure and Conflict of Interest Resolution:** All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or the lack thereof, will be provided to learners.

**Certificate of Attendance:** To claim CME and access your CME certificate, attendees will need to complete an evaluation for each session attended in person or online.

**Disclaimer:** The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the MOA. In no event will the MOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity. This event may be supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will be provided prior to the start of the activity.

**Special Needs:** If you or your guest have concerns about accessibility or other accommodation needs such as dietary restrictions or food allergies, please indicate your needs on the registration form so that appropriate accommodations may be made, or contact MOA at 207-623-1101.

**Health & Safety:** The safety of attendees is our top priority. MOA will continue to monitor local, state, and federal guidelines and work with the conference venue to comply with any relevant health & safety measures. It is assumed in-person attendees are vaccinated and asymptomatic. Should any additional safety measures be determined necessary by MOA, attendees will be notified.

**MOA Grievance Policy:** All grievances should be initially directed in writing to the MOA Director by email to: [info@mainedo.org](mailto:info@mainedo.org) who will share them with the MOA's Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council of Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

**Hybrid Conference Details:** This conference will be held in person with additional online, on demand content available. Access to in person session recordings will be made available post-event for all attendees and continue until July 15th, 2026.

**CME Accreditation:** The Maine Osteopathic Association is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Maine Osteopathic Association designates this program for a maximum of 21.75 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

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## Evaluation and CME Form

Please complete the survey below to share your feedback and to attest to CME. Complete this form once when you are done viewing all sessions you could like credit for. A CME Certificate will be generated at the end of the form.

