



MOA 115th Annual Convention: June 5th–7th, 2026

Samoset Resort & Online

AOA 1A CME Credits: 21.75

[Maine Section ACOG Annual Meeting & Obstetrics & Gynecology Track](#)

AGENDA AS OF 05/07/2026*

**Subject to change with purview to MOA Program Committee discretion*

Friday June 5th

12.0 CME

7:30 AM	Registration Desk Open, Continental Breakfast Available
8:00AM-4:00PM	Exhibit Hall Open
8:00-9:00AM	Psych Update for Primary Care <i>Presented by Kristen Mazoki, DO</i>
9:00-10:00AM	Lifestyle Medicine in Action: Introducing Practical Tools for Busy Visits <i>Presented by Amanda Cardella, DO, DipABLM</i>
9:30-11:00AM	ME ACOG Section Member Meeting
10:00-10:30AM	Exhibit Hall Break
10:30AM-11:30AM	Maine Rural Health Transformation Program: What Providers Need to Know <i>Presented by Lisa M. Letourneau, MD, MPH</i>
11:30AM-12:30PM	Navigating Rural Public Health Changes <i>Presented by Puthiery Va, DO - Director Maine CDC</i>
12:30-1:00PM	Lunch Break in Exhibit Hall

AFTERNOON TRACKS: Concurrent Sessions

Emergency Medicine Track:

- 1:00-2:00PM Wilderness Medicine Topic TBD
Presented by John Dery, DO
- 2:00-3:00PM Initial Emergency Department Management of Acute Surgical &
Traumatic Injuries: Capsule Commentaries for All Providers
Presented by David Coffman, DO
- 3:00-3:30PM Exhibit Hall Break
- 3:30-4:30PM Appropriate Emergent Use of MRI
Presented by Sean Lombard, DO
- 4:30-5:30PM Emergency Medicine Rapid Fire Review
Presented by Laura Gurenlian, DO, MBS

ME ACOG Obstetrics & Gynecology Track:

- 1:00-2:00PM Effective Strategies for Supporting Pregnant Women with Substance Use
Disorder
Presented by Alane O'Connor, DNP
- 2:00-3:00PM Pulling back the curtain: Maternal Child Health Data to Action
Presented by Elizabeth Winterbauer, Mariah Pfeiffer, Fleur Hopper
- 3:00-3:30PM Exhibit Hall Break
- 3:30-4:30PM The Hospital and Doula Collaborative Toolkit: A New Resource for
Integrating Birth Teams
Presented by Sarah Tewhey L.Ac, Doula
- 4:30-5:30PM Introducing 'Pelvic Health Alliance of Maine': Multi-Disciplinary
Collaboration in Pelvic Pain/Dysfunction
Presented by Romeo Lucas, DO
- 3:00 PM MOA Past Presidents' Council Meeting
- 6:00-7:00PM Opening Reception with UNE COM
*Join us for happy hour on the lawn by the Samoset infinity pool. Expect
lawn games, bites & beverages. All attendees, guests and UNE COM
extended community are welcome.*

Saturday, June 6th**6.0 CME**

6:30 AM	Registration Desk Opens
7:00-8:00AM	Beyond BMI: A Whole-Body Approach to Obesity & Metabolic Health <i>Presented by Lisa Lucas, DO, DABOM, MSCP</i>
8:00AM-4:00PM	Exhibit Hall Open
8:00-9:00AM	When Swelling Isn't Just Edema <i>Presented by Cindy Asbjornsen, DO</i>
9:00-10:00AM	COPD update <i>Presented by Andrew Freedman, DO</i>
10:00-10:30AM	Exhibit Hall Break/Stretch & Refresh
10:30-11:30AM	MOA Business Meeting (1 hr CME)
12:00-1:00PM	ME ACOFP Lunch Meeting (Members & Interested Family Medicine Physicians Invited), sponsored by ACOFP
1:00-2:00PM	Women's cardiovascular health and updates in heart failure with preserved ejection fraction <i>Presented by Amina Qazi, DO</i>
2:00-3:00PM	2026 ACA Lipid Guideline Update <i>Presented by Tahlia Wolfgang, DO</i>
3:00-6:00PM	Free Time
4:00-5:00PM	MOEF Board Meeting
5:00-8:00PM	MOA Kids Camp <i>Supervised fun for kids aged 3+</i>
6:00-8:00PM	MOA Awards Ceremony & Reception Dinner & entertainment provided. All attendees and guests invited to attend. <i>RSVP may be required</i>

Sunday, June 7th ON DEMAND CONTENT ONLY 3.75 CME

No in Person CME Programming – check out or stay to enjoy the resort amenities!

Potential Additional Wellness Activities: Tennis/Pickleball, Yoga, Ultimate Backyard lawn games

7:00AM

MOA 5k Fun Run/Walk – prize for first place finisher!

On Demand/Virtual Only Content 3.75 CME

- Am I Being Sued?: How to Respond to Medical Legal Inquiries and Proceedings Affecting Your Patients and Practice
Presented by Devin W. Deane, Esq. – Norman, Hanson & DeTroy
- The ABCs of Anxiety and Zzzs: Benzodiazepines and Z-Drugs Explained
Presented by Presented by C. Jason Mallo, DO
- “Is There a Doctor OnBoard?” In-Flight Emergencies?
Presented by John Dery, DO
- Defensible Documentation: Basics for all Clinicians
Presented by Alicia LaRoche, MHA, CPHRM, HACCP -- Medical Mutual Insurance Co. of Maine

[EVENT WEBSITE & ONLINE REGISTRATION LINK](https://www.mainedo.org/115th-moa-annual-convention)

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EVENT POLICIES:

Meeting Goals & Objectives: At the conclusion of this conference, participants will be able to: 1. Apply evidence-based, osteopathic-informed clinical strategies to the prevention, evaluation, and management of common, complex, acute, and chronic conditions encountered in primary care, emergency medicine, and women’s health. 2. Optimize healthcare delivery in rural and resource-limited settings by integrating updated public health policy, interdisciplinary collaboration, and practical tools that improve access, care coordination, patient outcomes, and population health in Maine. 3. Strengthen sustainable clinical practice and patient-centered care through effective communication, risk management, defensible documentation, lifestyle and wellness interventions, and attention to clinician well-being.

DISCLOSURE AND CONFLICT OF INTEREST RESOLUTION: All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or the lack thereof, will be provided to learners.

Certificate of Attendance: To claim CME and access your CME certificate, attendees will need to complete an evaluation for each session attended in person or online.

Disclaimer: The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the MOA. In no event will the MOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity. This event may be supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will be provided prior to the start of the activity.

Special Needs: If you or your guest have concerns about accessibility or other accommodation needs such as dietary restrictions or food allergies, please indicate your needs on the registration form so that appropriate accommodations may be made, or contact MOA at 207-623-1101.

Health & Safety: The safety of attendees is our top priority. MOA will continue to monitor local, state, and federal guidelines and work with the conference venue to comply with any relevant health & safety measures. It is assumed in-person attendees are vaccinated and asymptomatic. Should any additional safety measures be determined necessary by MOA, attendees will be notified.

MOA Grievance Policy: All grievances should be initially directed in writing to the MOA Director by email to: info@mainedo.org who will share them with the MOA's Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council of Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

Hybrid Conference Details: This conference will be held in person with additional online, on demand content available. Access to in person session recordings will be made available post-event for all attendees and continue until July 15th, 2026.

CME Accreditation: The Maine Osteopathic Association is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Maine Osteopathic Association designates this program for a maximum of 21.75 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Applications for other credit types are pending.

Registration Fees:

Early Registration Rates February 16th - April 15th:

MOA Member: \$520

Non-Member: \$720

Students, Residents, Interns etc. in training – Complimentary

Regular Registration Rates April 16th – June 1st:

MOA Member: \$570

Non-Member: \$770

Students, Residents, Interns etc. in training – Complimentary

Late or Walk-in Registrations will incur an additional \$50 admin fee.

ADD-ONS:

~~Pre-Conference Workshop "Botanical Medicine in Clinical Practice": \$400~~

****Pre-Conference Workshop Postponed****

Cancellation/Refunds: If you must cancel, please notify the MOA in writing. A \$50 cancellation fee applies if canceling on or after May 15, 2026. No refunds will be provided after this date.

[Register Online here.](#)



ACOG Maine Section Annual Meeting

Friday, June 5th, 2026 | Presented concurrently during the [MOA 115th Annual Convention](#)

4.0 CME Available (AOA 1A, other credit types pending)

Registration Fee: \$150 for ME ACOG Members (Friday only, full MOA Convention discounted option details below)

[Register for the ACOG Maine Section Annual Meeting](#)

*ME ACOG Track attendees will receive a code for discounted registration (\$500) to attend the complete MOA Convention which includes 20.0 CME with access to only content and additional events.

To register, simply [fill out the MOA Annual Convention Registration form](#) and use the discount code provided on the confirmation page once you've registered for the ACOG Maine Section Annual Meeting to receive the discounted price.

Venue Details



The Samoset Resort -- 220 Warrenton Street, Rockport, ME 04856

Perched on 230 waterfront acres overlooking Penobscot Bay, the Samoset Resort is a Maine vacation resort with a rich history that dates back to 1889.

[Resort Website](#)

Parking: There is ample free self-parking at the resort. Valet service is also available.

*Room Rates starting from \$264/night plus tax
Reservations must be made by Thursday, May 14th to guarantee group rates.*

Resort fee is waived for convention attendees when booking rooms in our dedicated room block

Call 800-341-1650 or use the [booking link](#) below to reserve your room!

Rooms in our block at the resort are limited. We ask that attendees book no more than 2 rooms per family so as to keep options open for all attendees. If you are not seeing a room type or option that is workable for you, please [contact MOA](#) so that we can assist you

Resort Extras

[Samoset Golf Course -- book your tee time!](#) A Maine legend, the Samoset Resort's championship 18 hole golf course winds through seaside woods and gardens while showcasing some of the most challenging holes in New England.

[Book your Spa Treatment](#) -- Call the spa to inquire about special discounts on services, availability is limited -- book soon! The Spa at The Samoset is a serene seaside oasis dedicated to the art of well-being.

[SAMOSET BOOKING LINK](#)

<i>Guest Room Rate</i>	Single/Double
Standard View/ Garden View Room	\$264
Partial Ocean View Room	\$284
Ocean Front Room	\$294
Superior Ocean Front Room	\$329
Garden View Suite	\$349
Ocean View Suite	\$409
Ocean View Hot Tub Suite	\$479

Other lodging options nearby:

Rockland Harbor Hotel
<https://www.rocklandharborhotel.com/>
 (207) 594-2131
 Rooms starting at \$199/night + fees (6 min drive)

The Ledges By the Bay
<http://www.ledgesbythebay.com/>
 207-594-8944
 Rooms starting at \$165/night + fees, 4 min drive to Samoset

The Claddagh Motel
<https://www.claddaghmotel.com/>
 207-594-8479
 Rooms from \$126/night + fees, 3 min drive to Samoset

If you stay elsewhere, you will still be able to access the great amenities at The Samoset as a conference attendee!

Exhibitor Information

[View Exhibitor & Sponsor Opportunities Here](#)