



Figure 1 Jodie Hermann, DO, MOA President 2023-2025

Maine Osteopathic Association Installs New President Jodie Hermann, DO

The Maine Osteopathic Association (MOA) recently installed a new President to lead the organization June 3rd, 2023 at the Samoset Resort during the MOA's Annual Convention.

Jodie Hermann is an Osteopathic Internist and Neuromusculoskeletal Medicine specialist who is passionate about what she does in any setting.

Her initial interest in medicine came at the young age of three. She enjoyed athletics while growing up and then pursued a Medicine degree at University of Connecticut while also serving as the captain and President of the UConn Women's Ice Hockey Team. She had many opportunities upon graduation but placed her focus on Corporate Wellness and joined on to be a member of one of the top 3 programs nationally for 6 years in a row.

Providing research and growth to the field of health and wellness. Since being promoted with no education on how to do the position, she embarked on getting her MBA in international business and management at UConn. During that time, she worked with the Sports Medicine staff and was the head trainer for Track and Field. It was then she received a phone call requesting that she please take the Head Trainer position at the 1996 Atlanta Olympics for all Track and Field athletes, which she immediately accepted!

Once the MBA was completed, she started her own business in Maine and then in Massachusetts with her partner Susan. She was unable to stay out of the world of Sports Medicine so was soon hired by University of Massachusetts to care for their athletes. Working with great colleagues they were soon inquiring when she was going to go to medical school and had she applied yet? Susan stopped the car on the way home from work in the middle of the road and asked 'When are you ever going to go to medical school?' The time was now.

She attended University of New England College of Osteopathic Medicine to learn about medicine and the art of osteopathy. She loved both. Following medical school, she completed an Internal Medicine Residency at Baystate Medical Center in Springfield, MA in 2010 and became Board certified in Internal Medicine. Her residency directors noticed that she always helped patients with using her hands and OMM skills learned in medical school. Patients responded well and always returned. She was asked to stay but she went up to Waldo County General Hospital in Belfast, ME, to start her career as a physician. She learned a lot in the community hospital setting but always wanted more hands-on training and skills, so she pursued UNECOM's ONMM program and became Board certified in ONMM.

Wanting to share her love of education, she worked with Maine Dartmouth Residency Program at the Collaborative Care Center becoming Neuromusculoskeletal Medicine Faculty-- taking a lead role

in teaching the residents. She also took on inpatient shifts at the Maine General Medical Center hospitalist program.

During this time, UNECOM had lured her in to teach the students as a clinical faculty member starting with one day per week. It subsequently grew to Chair of the Osteopathic Manipulative Medicine Department. What a great experience! She joined multiple committees and was able to meet wonderful people, and contribute to many organizations and projects during this time. ACGME and ACOI are a few. As well as the Maine Osteopathic Association (MOA), where she joined Board of Directors in 2016.

She enjoyed the students, teaching, colleagues and moving a curriculum ahead was very satisfying. But she missed the inpatient world, which was calling her back. She missed caring for the acute care patient in the hospital where she can be the physician she was trained to be, use her hands for ONMM, teach students and patients and remain in the hospital setting she truly enjoys being a part of.

She is now working at Maine General Medical Center as a hospitalist serving the needs of the acute care patient with a team of colleagues that she loves. The team atmosphere reminds her of all the athletic teams she was on and cared for -- we have each other's back, will work hard for one another, and always feel like we are moving in a forward direction to continue to provide excellent care for our patients, our community.

Throughout her seven years on the MOA board, Jodie has served for several years as a Program Committee Co-Chair, assisting with the planning of MOA's continuing medical education events. She then ascended to Executive Board Leadership as Treasurer in 2019 and now as President-Elect she is in line to be the President of the organization from June 2023 – 2025.

Jodie she loves her partner, her dogs, spending time with family and friends and being outside with the vitality of life.