

Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome (ME/CFS)

 December 4, 2025	 12:00 - 1:00pm	 Virtual	 Free
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Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS) is a complex, often misunderstood condition affecting millions of individuals worldwide. ME/CFS presents unique challenges in diagnosis and management, often leaving patients without adequate support or treatment. This webinar is designed to equip health care providers with the knowledge and tools needed to better serve this patient population.

This webinar will:

- **Raise awareness** of ME/CFS prevalence, symptomatology, and its impact on patient quality of life.
- **Strengthen diagnostic capabilities** with practical tools and clinical insights.
- **Explore evidence-based strategies**—both pharmacological and nonpharmacological—for effective symptom management and long-term care.

Register Now:

<https://www.hanleyleadership.org/myalgic-encephalomyelitis-chronic-fatigue-syndrome-me-cfs/>



Kristi Woods, BSN, RN-BC

Kristi Woods, BSN, RN, PMHN-BC, graduated from the University of Maine in 2014 with a nursing degree and a minor in psychology. With 9 years of experience in direct care, education, and management, she brings a broad perspective to health care. Diagnosed with ME/CFS after a 12-year journey that began in nursing school, Kristi is passionate about raising awareness and advocating for those affected by ME/CFS in Maine.



**Maine Medical
Association**



The Hanley Center for Health Leadership and Education designates this live activity for a maximum of *1.0 AMA PRA Category 1 Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association's Committee on Continuing Medical Education and Accreditation to provide Continuing Medical Education (CME) to physicians.

This nursing continuing professional development activity was approved by Connecticut Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.