

111TH MOA

ANNUAL CONVENTION
JUNE 10-12, 2022







A HYBRID EVENT



Maine Osteopathic Association: 111th Annual HYBRID Convention

LIVE & Virtual: June 10-12, 2022 | 20.5 AMA PRA Category 1 Credits™, 20.5 AOA 1A Credits, AAFP Credit Application is Pending

*Draft Agenda (As of June 2nd, 2022), subject to change

<u>Friday, June 10, 2022</u> 4.25 CMEs

ON DEMAND Sessions Released for Anytime Viewing @ 8AM

20.5

CMES

4.25 CMEs

On-Demand Sessions			
1.0 CME	Pulmonary Hypertension Update for the PCP, Presented by Joel Wirth, MD		
1.0 CME	Cannabis: Update & Addressing Common Concerns, Presented by James Hill, DO		
1.0 CME	Vacationland Vexes: Warm Weather Visits to the Emergency Department, Presented by Joel Kase, DO		
.75 CME	Maine Medical Professionals Health Program (MPHP) Reboot 2.0, Presented by Guy Cousins		
.5 CME	Preventing COVID-19 Severe Disease in Maine (Why Are People Still Dying from COVID-19?),		
	Presented by Isaac Benowitz, MD, State Epidemiologist, ME CDC		
	Dawnland Film Screening On Demand (86 mins)		
Watch Anytime to Prepare for Panel Discussion	Screening Link: PROVIDED TO REGISTERED ATTENDEES ONE WEEK IN ADVANCE OF CONVENTION SYNOPSIS: For decades, child welfare authorities have been removing Native American children		
Saturday, June 11th	from their homes to "save them from being Indian." In Maine, the first official Truth and		
	Reconciliation Commission in the United States begins a historic investigation. Dawnland goes		
	behind-the-scenes as this historic body grapples with difficult truths, redefines reconciliation, and		
	charts a new course for state and tribal relations. Dawnland aired on Independent Lens on PBS in		
	November 2018 and 2021, reaching more than two million viewers. The film won a national		
	Emmy® Award for Outstanding Research in 2018 and made the American Library Association's list		
	of 2020 Notable Videos for Adults.		
	Friday Special Events @ The Samoset Resort		
Afternoon	Resort Wellness Activities—Enjoy the Samoset's <u>Ultimate Backyard</u> (including tennis, basketball,		
	shuffleboard, volleyball, badminton, croquet, corn hole, children's playground, disc golf or enjoy		
	the outdoor pool & cabana deck), Schedule a <u>round of golf</u> , or a <u>Spa treatment!</u>		
2:00-3:30PM	NEW! PUTTING TOURNAMENT TO BENEFIT MOEF! Join us on the green to try your hand at winning		
	our prize bundle including a gift certificate for a round of golf at The Samoset course. \$20/putt		
3:00-3:45PM	All Level Gentle Yoga on the Lawn by the Pool (rain location: fitness center studio), led by Josie		
	Conte, DO		
3:00-7:00pm	Exhibitor Booth Setup		
6:30pm	Optional: Join us for a Lobster Dinner @ The Landings Restaurant in Rockland! Tickets are required		
	for this special event and are \$60/PP for lobster and \$50/PP for non-lobster or vegetarian meals,		
	Transportation to and from The Samoset will be provided – all are welcome! Bring your family to		
	join in this Maine tradition.		

Saturday, June 11, 2022

6.25 CMEs

*All CME Sessions will be located in the Knox County Ballroom, Exhibit Hall is located in State of Maine

Saturday @ The Samoset, streamed LIVE for Virtual Attendees	
7:00am	In Person Registration Check in Open – Schooner Room
7:00am	ME ACOFP Chapter Meeting – All Family Physicians welcome! Breakfast provided.
8:00am-4:00pm	EXHIBIT HALL HOURS
7:30am-8:30am	Breakfast Lecture: Understanding your Fiscal Health Risk Factors
	and how to avoid them, Presented by Michael Genetti, CLU, ChFC ,Financial Planner
	Breakfast Buffet in State of Maine
8:30am-9:30am	KEYNOTE: After the First Wave: Supporting Physician Mental Health & Wellbeing During a
	Pandemic and Beyond, Presented by Mona Masood, DO
9:30am-10:00am	Exhibit Hall, Stretch & Refresh Break – Door Prizes!
10:00am-11:30am	MOA Business Meeting & AOA/ACOFP Updates (1 hr CME Available)
11:30am-12:00pm	Break
12:00pm-1:00pm	MOA Awards Luncheon (No CME) – Join us as we present our annual awards and recognize
	outstanding leaders in the Maine Osteopathic Community
	Sponsored by Medical Mutual Insurance Company of Maine
1:00pm-1:30pm	Dessert + Coffee Bar – Door Prizes!
1:30pm-2:30pm	Alternative Payment Models: From Insurance to Cash Only, to Concierge, to DPC and Beyond!,
	Presented by Jack Forbush, DO
2:30pm-3:30pm	The Double Edged Sword: Supplements Patients Are Taking- The risks, the benefits and the
	evidence, Presented by Elisa Mercuro, DO
3:30pm-3:45pm	Exhibit Hall, Stretch & Refresh Break
3:45pm-5:00pm	Finding Health: Indigenous Ways of Knowing – Panel Discussion following Film Screening On
	Demand/On Own of <i>Dawnland</i>
	Co-Sponsored by the Maine Public Health Association
5:00pm	Past President's Council Meeting – Ebb Tide Room
	Saturday Special Events:
5:30pm-6:00pm	Cocktail Hour with Exhibitors/Sponsors – Hors D'oeuvres and Cash Bar – Live Music
5:30-8:00pm	Camp MOA – Supervised fun for kids aged 3-12. Crafts, dinner and games!
6:00pm- 7:30pm	Comedy Show Featuring Jimmy Dunn, sponsored by UNE COM (no additional tickets needed)

<u>Sunday, June 12, 2022</u> 4.5 CMEs

Sunday Sessions, In Person/ Live Streamed Content	
6:30am	5k Run/Walk/Roll – Meet at the Samoset Fitness Center Entrance for an informal "race" prizes for
	first female and male finishers!
7:00am-8:00am	Sponsored Breakfast Product Theater (no CME) – BayPoint Ballroom
8:00am-11:00am	EXHIBIT HALL HOURS
8:00am-9:00am	ID Update: High-Value Care and the Role of OMT for Managing Infectious Conditions, Presented by
	Emil Lesho, DO
9:00am-10:00am	Needles, Needles! Practical procedures for the busy clinician, Presented by John
	Diefenderfer, DO
10:00am-10:30am	Exhibit Hall / Check Out Break – Punch Card Grand Prize Raffle Drawing!
10:30am-12:00pm	An Osteopathic Approach to Newborn Feeding Difficulties, Lecture & Demo/Lab, Presented by
(1.5 CMEs)	Karen Benezra, DO
12:00pm-1:00pm	Beyond the Itch: Dermatology Update on Rashes, Presented by Jerald Hurdle, DO
1:00pm	In Person Content Concludes

Sunday, June 12, 2022 5.5 CMEs

Virtual Content		
	Live Playback with Chat Q&A	
8:00-9:00am	Using Data to Improve Opioid Prescribing, Presented by Elisabeth Fowlie Mock, MD**	
9:00-10:00am	Psych Self-Management: Operational Insights—What Works with Patients, Presented by Charles	
	Parker, DO	
10:00-10:30am	Break	
10:30-11:30am	Aging and Vein Health, Presented by Cynthia Asbjornsen, DO	
11:30-12:30pm	It's All in the Documentation! Presented by Cynthia Penkala, CMM, CMPE, AOA Phys Services	
12:30-1:00pm	Break	
1:00-2:30pm	Obesity Care Updates for the PCP: Mitigating Bias/Stigma & A New Phenotypical-informed	
	Conversation —Virtual Sessions followed by Zoom Presenter Panel Q/A , Presented by Ted Kyle,	
	RPh, MBA; Matija Burtis, DO, Valerie O'Hara, DO with Moderator Allen Browne, MD	
2:30pm	Virtual Content Concludes	

Planning Committee Co-Chairs: Josephine Conte, D.O & Jodie Hermann, D.O.

CME Accreditation Statements

- In support of improving patient care, this activity has been planned and implemented by the American Osteopathic Association and the Maine Osteopathic Association. The American Osteopathic Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME), to provide continuing education for the healthcare team.
- AMA Credit Designation Statement Physicians
- The American Osteopathic Association designates this live activity for a maximum of 20.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- AOA Credit Designation Statement --The Maine Osteopathic Association is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Maine Osteopathic Association designates this program for a maximum of 20.5 AOA 1A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.
- AAFP credit application is pending.

^{*} The MOA's professional and public education committee reserves the right to adjust the program agenda as deemed necessary. Some topics and session times may change. For more information, please contact the MOA at 207-623-1101 or by email at office@mainedo.org.

^{**} This session is approved for 1.0 credits on opioid medication education as required by P.L. 2015, Chapter 488, Maine's legislation to address the opioid drug crisis.