

2024 Midwinter Symposium

The Building Blocks of Healthcare

February 9th-11th,
2024 in person &
online

A Hybrid Event



MOA 2024 Midwinter Symposium: The Building Blocks of Healthcare


Hilton Garden Inn, Freeport, ME | February 9-11th, 2024

SYMPOSIUM SCHEDULE

As of Jan 30th, 2024 | Event Co-Chairs John Diefenderfer, DO & Breanna Glynn, DO reserve the right to adapt content as necessary.

Date/Time	Description	CME	Location
Friday February 9th	In Person & Live Stream Content	7.5	
7:00 AM	Registration Desk Open		Event Foyer
7:30AM	Continental Breakfast Available in Exhibit Hall 7:30-8:30AM		Jewell
8:00-9:00AM	An Update in Lung Cancer Screening Presented by Scott Morin, DO	1.0	Eagle
9:00-10:30AM	Perinatal Mental Health Discussion Presented by Leora Rabin, MD; Sarah Swenson, LCSW; Ali Kopelman, MD	1.5	Eagle
10:30AM-11:00AM	Exhibit Hall Break		Jewell
11:00AM-12:00PM	Uses of Ketamine in Mental Health Treatment Presented by Dylan McKenney, MD	1	Eagle
12:00-12:30PM	Exhibit Hall Lunch Break Buffet lunch available in exhibit hall 12:00-1:00pm		Jewell
12:30-1:30PM	AFIB Update Presented by Tristan Reynolds, DO	1	Eagle
1:00-4:00pm	OMM Volunteer Treatment Service <i>Provided by volunteers</i>	N/A	Suite 131, check in at registration table
1:30-2:30PM	Stories of the Hospitalized Patient Presented by Christina Lincoln, DO	1	Eagle
2:30-3:00PM	<i>MOA Past President's Council Meeting</i>		Monhegan Board Room
2:30-3:00 PM	Exhibit Hall Break		Jewell
3:00-4:00PM	The Calculus of Gout Presented by Charles Radis, DO	1	Eagle
4:00-5:00PM	Providing Sexual and Reproductive Health in Today's Political Landscape Presented by Julia McDonald, DO	1	Eagle

5:00-6:30PM	Opening Reception & MOEF Silent Auction <i>Auction benefits Maine Osteopathic Educational Foundation, Preview Auction Items Here!</i>	On Site Reception with refreshments & beer/wine bar	Foyer/Eagle/Jewell
Saturday, February 10th	In Person & Live Stream Content	8.0	
6:30 AM	Registration Desk Opens		Foyer
7:00-8:00AM	Eggs & Issues: Legislative Advocacy Updates & Breakfast A Discussion moderated by Kathryn Brandt, DO- MOA Legislative Committee Chair with Panelists: Amanda Mahan, MOA Executive Director; Anne Sedlack, MMA Director of Advocacy; Joel Kase, DO, ME Delegation Chair to AOA House of Delegates; Sean Neal, AOA Vice President, Advocacy & Political Affairs	1	Eagle (Breakfast buffet in Jewell)
8:00-9:00AM	The digital experience – how technology is putting the power of health care in the patient’s hands – literally Presented by James Douglas, DO & Lisa Billings-Lindsey, DO	1	Eagle
9:00am-11:00am	OMM Volunteer Treatment Service <i>Provided by volunteers</i>	N/A	Suite 131, check in at registration table
9:00- 9:30 am	Exhibit Hall Break & Poster Session		Jewell
9:30 - 11:00am	MOA Business Meeting Led by Jodie Hermann, DO, MOA President	1 (AOA only)	Eagle
11:00am-11:30am	Lunch Break & Poster Session Buffet lunch available in exhibit hall 11:00am-12:00pm		Jewell
11:30- 12:30pm	Keynote Lecture: The Building Blocks of Healthcare -- Building equitable healthcare and systems for everyone Presented by Puthiery Va, DO – Maine CDC Director & Courtney Pladsen, DNP, FNP-BC – MaineCare Medical Director	1	Eagle
12:30-1:30pm	Management of Diabetes in Older Adults Presented by Matt Gilbert, DO	1	Eagle
1:00-4:00pm	OMM Volunteer Treatment Service <i>Provided by volunteers</i>	N/A	Suite 131, check in at registration table
1:30-2:30pm	Introduction to Fascial Distortion Model Presented by Thomas Pentzer, DO	1	Eagle
2:30-3:00pm	Exhibit Hall Break & Poster Session		Jewell
3:00-4:00PM	OB for the non-OB-GYN Provider Presented by Caroline LaFave, DO	1	Eagle
4:00-5:00pm	Research Podium Presentations <i>Followed by Research Forum/Poster Session Awards</i> <i>Presentations:</i> <ul style="list-style-type: none"> Hunter Scott - Cultivating a Healing Mindset: 48 Hour Hospice Home Immersion Transforms Medical Students’ Perspectives 	1	Eagle

	<ul style="list-style-type: none"> • Samaa Fadel - Does Acyl CoA Synthetase Long Chain Family Inhibition with Triacsin-C Hinder Multiple Myeloma Cell Proliferation and Survival? • Anna Holcomb -The Prozone Phenomenon 		
5:30-7:00PM	Networking Reception Sponsored by UNE COM <i>Offsite reception –attendees & guests welcome!</i>	<i>Shuttle provided by MOA will run 5:15-7:30pm from lobby</i>	<i>Goodfire Brewing Company: 180 S Freeport Rd, Freeport, ME</i>
Sunday, February 11th	<u>CONTENT PRESENTED IN PERSON ONLY</u>	3.0	
7:00-8:00AM	Optional Sponsored Breakfast Session: Screening & Treatment Options for Type 1 Diabetes Presented by Michael Kane Pharm D. <i>Session Provided by Sanofi Pharmaceuticals</i>	<i>NO CME Provided</i>	<i>Eagle</i>
8:30:00- 10:30 AM	Gettin’ By: Experiencing Social Determinants of Health An interactive learning experience led by Linda Riddell & Chris Pezzullo, DO	2	Eagle
10:30AM-11:00AM	Break for check out, refreshments available in Foyer		
11AM-12:00PM	Osteopathic Self Care: Living Into the Principles of Mind, Body and Spirit Presented by Jacey Goddard, DO	1	Eagle
<u>ON DEMAND CME SESSIONS</u>	<u>Available during live Symposium and for 30 days following</u>	3.5	<u>No AAFP credit for virtual only sessions</u>
Virtual Content -- watch anytime via virtual platform. Scan to access below! ACCESS AVAILABLE TO ATTENDEES AFTER 2/5	What does this mean for ME: Legal and Prescribing Issues Presented by Elisabeth Mock, MD, Ben Townsend, Esq.	1	Virtual Platform
	Vaccine Update: Adult & Peds RSV & COVID Presented by Isaac Benowitz, MD	.5	Virtual Platform
	Strategies for Protecting Practice and Reputation – Federal Anti-Kickback, Stark, False Claim Act and HIPAA Presented by Thomas Force, Esq.	1	Virtual Platform
	Updates from the Poison Center Presented by Christopher Wilkosz, Pharm. D. CSPI.	1	Virtual Platform

CME ACCREDITATION INFORMATION:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Maine Osteopathic Association and the American Osteopathic Association. The American Osteopathic Association is accredited by the ACCME to provide continuing medical education for physicians. The MOA is accredited by the American Osteopathic Association to provide continuing medical education for physicians.

CME Credits: 22 AOA 1A CMEs for Live Attendance | 18.5 AOA 1A CMEs for Virtual Attendance | Up to 21.00 AMA PRA Category 1 Credit™ | 17.50 Live AAFP Prescribed credits

CREDIT HOURS:

The American Osteopathic Association designates this other activity for a maximum of 21.00 AMA PRA Category 1 Credit™. Physicians should claim only credit commensurate with the extent of their participation in the activity. The MOA designates this program for a maximum of 22 AOA Category 1-A credits (18.5 virtual only) and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

The AAFP has reviewed MOA 2024 Midwinter Symposium: The Building Blocks of Healthcare and deemed it acceptable for up to 17.50 Live AAFP Prescribed credits. Term of Approval is from 02/09/2024 to 02/11/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For all AAFP credit equivalencies and recognition, please see the AAFP Credit System website.

EVENT POLICIES & FAQs:

Venue Details: Hilton Garden Inn, Freeport Downtown--- 5 Park St, Freeport, Maine -- [click for directions](#). ***CME Sessions will be livestreamed in the virtual event platform according to event schedule unless otherwise noted.***

Parking: There is ample parking for both overnight guests and day attendees in the parking lot across from the hotel. Parking is free for all conference attendees.

Symposium Theme: Our theme for this year's symposium is "The Building Blocks of Healthcare" with a focus on (but not limited to) social determinants of health. Presenters have been asked to address their topics with this lens in mind.

Meeting Goals & Objectives: The overall objectives of this program are to 1. Highlight the evidence of new, revised, and standard approaches, guidelines and tools for screening, diagnosis and treatment for a variety of medical conditions as it pertains to medical practitioners in various specialties, with an emphasis on primary care. 2. Demonstrate how social determinants of health and public health are applicable to clinical medical practice, and provide tools & resources for physicians to help them overcome these barriers to care. 3. Encourage & demonstrate the integration of osteopathic philosophy and principles into the practice of medicine; and 4. Provide information and tools related to professionalism, teamwork, communication and ethics to help physicians and other clinicians improve their practice of medicine. Each CME topic has its own set of learning objectives, which will be made available to registered attendees.

DISCLOSURE AND CONFLICT OF INTEREST RESOLUTION:

All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or the lack thereof, will be provided to learners.

Faculty and Planners were asked to declare any financial interest/arrangement or affiliation that may be perceived as a conflict of interest in the context of their presentations along with any anticipated off label use or unlabeled/unapproved uses of drugs or products. Click on the faculty tab to view any relevant disclosures.

Professional and Public Education Committee:

- John Diefenderfer, D.O., Co-Chair (No disclosures)
- Breanna Glynn, DO, Co-Chair (No disclosures)
- Audrey Okun-Langlais, D.O. (No disclosures)
- Karen Benezra, DO (No disclosures)
- Jerald Hurdle, DO (No disclosures)
- Jodie Hermann, DO, President (No disclosures)

MOA Staff Involved in Planning:

· Amanda Mahan, Executive Director (No disclosures)

-Madison Purdy, Staff (No Disclosures)

Certificate of Attendance: To claim CME and access your CME certificate, attendees will need to complete an evaluation for each session attended in person or online via the virtual conference platform.

Disclaimer: The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the MOA. In no event will the MOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity. This event may be supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will be provided prior to the start of the activity.

MOA Grievance Policy: All grievances should be initially directed in writing to the MOA Director by email to: info@mainedo.org who will share them with the MOA's Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council of Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

Hybrid Conference Details: This conference will be held in person February 9-11th, 2024 with additional online, on demand content available via a virtual platform. Some content may be available in person only and will be clearly advertised as such. Access to in person session recordings will be made available post-event for all attendees and continue until March 15th, 2024. In person CME content will be livestreamed for virtual participation.

Registration Procedure: To register for the conference, complete the registration form and return it to the MOA office: P.O. Box 315, Manchester, ME 04351 with the proper registration fee. Registration may also be completed online at www.mainedo.org or the form may be faxed if paying by credit card to 207-623-4228.

Special Needs: If you or your guest have concerns about accessibility or other accommodation needs such as dietary restrictions or food allergies, please indicate your needs on the registration form so that appropriate accommodations may be made, or contact MOA at 207-623-1101.

Health & Safety: The safety of attendees is our top priority. MOA will continue to monitor local, state, and federal guidelines and work with the conference venue to comply with any relevant health & safety measures. It is assumed in-person attendees are vaccinated and asymptomatic. Should any additional safety measures be determined necessary by MOA, attendees will be notified.

Cancellation/Refunds: If you must cancel, please notify the MOA in writing. A \$50 cancellation fee will be imposed if registration is cancelled prior to **January 12, 2024**. No refunds will be provided after this date.

I Need Help. Who should I contact?

If you need technical assistance (video stopped working, etc.), please contact CE21 Tech Support:

- Technical Support : (877) 602-9877
- TheCMECenterSupport@ce21.com

For Questions related to CME credit, symposium schedule, etc. please contact the MOA Directly:

You can reach MOA staff by phone at 207-623-1101 or utilize designated contact information below.

Amanda Mahan, Executive Director

amahan@mainedo.org

207-779-6070 (Call/text)