



Maine Osteopathic Association: 2022 Midwinter Symposium

LIVE & Virtual: February 12-13, 2022 | 20.75 AOA Cat-1 A CME/Other credit types pending**

***Draft Agenda (As of December 22, 2021), subject to change**

Saturday, February 12, 2022

8.5 CMEs

**All In Person CME Sessions will be located in the NH/VT Rooms or live streamed to the virtual CME platform accessible via any web browser.*

Saturday @ The Holiday Inn by the Bay, streamed LIVE for Virtual Attendees

7:00am-8:00am	Predicting, Preventing, and Reversing Cognitive Impairment presented by Lewis Mehl-Madrona, MD
8:00am-9:00am	Breastfeeding 101 presented by Kara Kaikini, IBCLC
9:00am -10:00am	Clarifying COVID-19: the Impact of Long COVID & Epidemiology for the Everyday Physician presented by Meghan May, PhD.
10:00am-10:30am	Exhibit Hall Break & Research Forum Poster Session A
10:30am-12:00pm	MOA Business Meeting & AOA/ACOFD Updates (1 AOA CME available for AOA update Presented by Joseph Giaimo, DO)
12:00pm-1:30pm	KEYNOTE: What is the C-suite? My Journey to becoming a CMO Presented by Elissa J. Charbonneau, DO, MS
1:30pm-2:30pm	Maine's Death with Dignity Law in Practice, presented by Mark Wrona, MD; Carl DeMars, MD; & Jason Libby, HSM
2:30pm-3:00pm	Exhibit Hall Break & Research Forum Poster Session B
3:00pm-4:00pm	Neuro-optometry: What a PCP Should Know presented by Amy Pruszenski, OD
4:00pm-5:00pm	Public Health Update featuring Nirav Shah, MD
5:00pm -5:45pm	Opening Reception & Poster Awards Presentation
6:00pm-7:30pm	"Saturday Night Stand-Up" with Comedian Jimmy Dunn & Other Local Entertainers

Sunday, February 13, 2021

4 CMEs In-Person/ 8.25 CMEs Virtually

Sunday Sessions

IN PERSON SCHEDULE:	<i>These sessions will be streamed live for the virtual audience</i>
7:30am – 8:30am	Optional Sponsored Breakfast Lecture (Details TBA)
8:30am-10:00am (1.5 CME)	Extremity OMM lecture/ lab, presented by Gregory Stevens, DO
10:00am-10:30am	BREAK
10:15am-11:45am (1.5 CME)	Osteopathy In the Cranial Field: Review for the GP, presented by Shawn Higgins, DO
11:45am-12:00pm	BREAK
12:00pm-1:00pm	UltraSound In the office, presented by Andrew Jersey, DO
1:00pm	Live Presentations Adjourn
VIRTUAL SCHEDULE:	<i>These sessions will be available on the virtual platform, tune in live for QA with presenters!</i>
7:30am-8:00am	GI Issues for Primary Care, presented by TBA
8:00am-8:30am	Quick Cardio Update, presented by Jim Jean-Jacques, DO
8:30am-9:00am	Migraine Update, presented by John Dolan, DO
9:00am-9:30am	Birth Control Update, presented by Monica Tschirhart, MD
9:30am-10:00am	BREAK

10:00am-11:00am	An Osteopathic Approach to Recovery, presented by Suzanne White **
11:00am-12:00pm	Physician Contracts: What to Look for? Presented by Elizabeth Olivier, Esq.
11:00am – 12:30pm (no CME)	Lunch and Learn: Belly of the Beast Film Screening -- NO CME for screening
12:30pm-1:30pm	Advocacy Training 101 for the Physician: Panel Discussion
1:30pm -2:30pm	Plant Based Diets, presented by Paige Picard, DO
2:30pm-3:30pm	Pediatric Mental Health: Social Media and Sexuality, presented by Erin Belfort, MD & Amy Mayhew, MD
3:30pm-3:45pm	BREAK
3:45-5:00pm	Live Medical Ethics Panel: Belly of the Beast Film Discussion, led by Merideth Norris, DO
5:00pm	Virtual Presentation Closing Remarks

Planning Committee Chair: Josephine Conte, D.O

* The MOA's professional and public education committee reserves the right to adjust the program agenda as deemed necessary. Some topics and session times may change. For more information, please contact the MOA at 207-623-1101 or by email at office@mainedo.org.

** This session is approved for 1.0 credits on opioid medication education as required by P.L. 2015, Chapter 488, Maine's legislation to address the opioid drug crisis.

CME Credit information:

- The Maine Osteopathic Association (MOA) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. MOA designates this program for 20.75 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation.
- Other CME Credit Type Approval is pending.

COVID-19 POLICY FOR IN PERSON ATTENDANCE AT MOA 2022 MIDWINTER SYMPOSIUM (as of 12/01/2021 and subject to change):

*All in person attendees must be fully vaccinated against COVID-19 and will be expected to attest to compliance with this requirement OR provide proof of negative PCR COVID test within 72 hrs & agree to comply with masking at the event when not eating and drinking.

* Masks will be expected to be worn during the event, except when eating or drinking. Masks will be available if you happen to forget one.

* Social distancing will be expected whenever possible.

* All attendees agree to follow venue policies (including health and safety policies) and posted instructions while at the event. All attendees should evaluate their risk in determining whether to attend the event. By attending in person, attendees voluntarily assume all risks related to exposure to COVID-19.

To Register, please visit <https://www.mainedo.org/midwinter-symposium-2022>

Venue Information:

Holiday Inn Portland By The Bay

88 Spring Street, Portland, ME, 04101, US

More information at: <https://www.innbythebay.com/>

For Directions, [Click Here](#).

Group Rates from \$129.00/night (plus applicable taxes) available Friday, Feb 11th-Sun Feb 13th

Parking: On site parking is available and is \$10/night for hotel guests or \$5 per entry for commuters

To Make Your Reservation Call: [207.775.2311](tel:207.775.2311)

[Portland, ME Visitor Information](#)