

2023 Midwinter Symposium

A Hybrid Event: Access to In Person & Online Content

February 10th & 11th, 2023

Holiday Inn by the Bay Portland, Maine



Featuring Keynote Speaker



Kenneth G. Brown, PhD.

Ken is an organizational psychologist who serves as the Tippie Children Professor of Management in the Tippie College of Business and as a Professor of Educational Policy and Leadership Studies in the College of Education, University of Iowa. Ken is a consultant and executive trainer who runs his own consulting business, a former university administrator, and an award-winning scholar and teacher.

Don't Miss Ken's TWO Sessions:

- Friday Morning Opening Workshop-
Influence in Turbulent Times: Adopting a Leadership Model for Excellence in the Exam Room & Beyond
- Saturday Luncheon Keynote Address-
What Next? Framing a Diversity Journey for Mutual Gain

- A mix of In Person & Virtual Sessions with access to content available for 30 days
- CME Sessions for the PCP & beyond, plus bonus workshops
- OMM Hands-On Table Training & Educational Treatments
- Research Forum
- Opening Reception
- 21st Annual Silent Auction
- And MORE!

Comments from 2022 Symposium Attendees

-"Carefully planned and incredibly well executed."

-"Excellent variety of topics and fabulous speakers!"

-"Best conference in quite a while. Quality of lectures, timely topics all were top notch"

-"Thank you for presenting diverse, interesting topics as well as some important updates."


Maine D.O.
Osteopathic
Association

2023 Midwinter Symposium Draft Program Agenda

February 10-11, 2023 | 20.5 AOA Cat-1 CME, Other Credit types pending

*Draft Agenda as of November 14th, 2022, subject to change

Friday February 10 th , 2023: Live In Person Sessions, 10.0 CMEs (7.0 single track)	
9:00am	Registration Desk Opens
<i>MORNING WORKSHOPS:</i>	
10:00am-12:00pm	Opening Workshop with Keynote Speaker -- Influence in turbulent times: Adopting a leadership model for excellence in the exam room and beyond , Presented by Kenneth G. Brown, PhD
12:00pm-1:00pm	Lunch Workshops Financial Success at Any Age: SaveWell by Baystate--Two tailored sessions for Early and Late Career Physicians led by Michael Genetti and Chris Perry of Baystate Financial
<i>AFTERNOON TRACKS: Choose from two concurrent tracks to watch live and watch the other track via recordings post-event!</i>	
TRACK A:	2.5 CMEs
1:00pm -2:00pm	External Factors Contributing to Cardiac Disease: The research and how it can impact policy, Presented by Loren Wold, PhD
2:00-3:00pm	DOing the Research! How to Honor & Contribute to the Body of Osteopathic Research, Presented by Emil Lesho, DO
3:00-3:30pm	EXHIBIT HALL BREAK
3:30-4:30pm	Research Forum Podium Presentations from Top Resident & Student Submissions
TRACK B:	2.5 CMEs
1:00pm -2:00pm	Low dose naltrexone - High voltage applications! Presented by Brian Kaufman, DO & Andrew Gray, PharmD
2:00-3:00pm	Legal Medicine Pot Pourri --Navigating Liability & Risk in Today's Medical Practice Environment, Presented by Joseph D. Piorkowski, Jr., DO, JD, MPH
3:00-3:30pm	EXHIBIT HALL BREAK
3:30-4:30pm	Words Matter: An SUD Guide, Presented by Elisabeth Fowlie-Mock, MD
<i>PLENARY SESSION:</i>	
4:30pm-5:30pm	CDC Update featuring Nirav Shah, MD, Maine CDC Director
FRIDAY SPECIAL EVENTS	
5:30pm -7:00pm	Opening Reception & Silent Auction to benefit the MOEF – live entertainment, apps & cash bar
7:15pm	<i>Optional:</i> Mariner's Hockey Home Game @ Cross Insurance Arena– tickets available for attendees & guests!
Saturday February 11 th , 2023: Live In Person Sessions, 8.5 CMEs	
7:00-8:00am	Breakfast Session: Winter Hazards for the Aging Patient, Presented by Lauren Hall, DO
8:00-9:00am	Lyme Disease Update, Presented by Richard J Dubocq, MD
9:00-10:00am	Laboratory workup and management in inflammatory disorders, Presented by Charles Radis, DO
10:00-10:30am	EXHIBIT HALL BREAK
10:30am-12:00pm (1 CME)	MOA Business Meeting & Updates on the Osteopathic Profession
12:00-1:00pm	Luncheon Keynote: What next? Framing a diversity journey for mutual gain , Presented by Kenneth G. Brown, PhD
1:00-2:30pm	Winter Trauma & OMM Solutions-- Round Robin Hands On Table Training led by UNE COM Faculty
2:30-3:00pm	EXHIBIT HALL BREAK
3:00-4:00pm	EKG Case Workshop, presented by Jims Jean-Jacques, DO
4:00-5:00pm	Common Food Allergies & Reactions, Presented by John Johnson, DO
VIRTUAL ON DEMAND SESSIONS, 2.0+ CMEs	
<i>2.0+ CMEs anticipated, more details TBA! Watch anytime during or for 30 days after the live event.</i>	

*Please note: The MOA's professional and public education committee reserves the right to adjust the program agenda and speakers as deemed necessary.



21st Annual Silent Auction
HELD IN CONJUNCTION WITH THE
MIDWINTER SYMPOSIUM
FEB 10&11TH, 2023

ALL ITEMS WILL BE AVAILABLE VIRTUALLY & IN-PERSON
WITH BIDDING OPENING ONE WEEK BEFORE THE EVENT!
DOWNTOWN PORTLAND, ME



Better Together




Mariners vs. Trois-Rivieres
Cross Insurance Arena, Portland
Friday, February 10th, 2023 @ 7:15PM
Tickets available for a MOEF suggested donation!
Come join the fun!

Holiday Inn by the Bay, Portland
88 Spring St, Portland ME 04101

Group rates from \$135/night (plus applicable taxes) available Book by January 6th, 2023 to guarantee group rate.

Parking: On-site parking is available for \$15/night for hotel guests or \$5/entry for commuters

Reservations!
Call: 207-775-2311



Group Code:
MOS

2023 Midwinter Symposium



A Hybrid Event

February 10th & 11th, 2023
at the Holiday Inn by the Bay Portland, ME & Online



20+ CMEs Expected!

First Name

Last Name

Designation

AOA Number

Preferred Mailing Address

City

State

Zip Code

Phone Number

Email Address (required)

Specialty

Practice Setting

COM

Graduation Year

How did you hear about us?

Will you be bringing a guest?

Please ensure you register your guest. Additional meal fees may apply.

Yes No

_____ **Guest Name (First and Last)**

Please list the events/lectures your guest would like to attend

Attending:

- In-Person
 Virtually

Would you like to attend the Mariners' game on 2/10/23?

- Yes No If yes, how many tickets would you like?
_____ x \$15.00/ea (suggested donation to the MOEF)

**MOA Membership Dues:
June 1, 2022- May 31, 2023**

- Active 3 or more years in practice-\$445
- Active in 2nd year of practice-\$275
- Active in 1st year in practice-\$138
- Retired Physician-\$66
- Out of State Physician-\$215
- Professional Associate Member-\$215 (M.D., PA, CP, C.N.N, D.D.S.)

Do you have any accessibility or other accommodation requests (including dietary restrictions)?

Registration Fees:	Early Bird (10/21/22-12/19/22)	Regular Registration (12/20/22-2/1/23)
MOA Member	\$420	\$470
Non-MOA Member	\$620	\$670
1st year in Practice	\$345	\$395
2nd year in Practice	\$345	\$395
Retired/Honorary	\$345	\$395
Student	Complimentary	
Resident	Complimentary	

Registration Fee \$ _____
Membership Dues \$ _____
Other \$ _____
Total Paid \$ _____

Cancelation/Refunds: If you must cancel, please notify the MOA in writing. A \$50 cancelation fee applies if canceling on or after January 15, 2023. No refunds will be provided after this date.

Card Holder/Payor's Name

Credit Card Number

_____/_____
Expiration Date

Check Visa MasterCard Amex

Card Billing Address

City

State

Zip Code



P.O. Box 315
Manchester, ME 04351
Return Service Requested

Program Objectives: The overall objectives of this program are to 1. Highlight the evidence on new, revised, and standard approaches, guidelines and tools for screening, diagnosis and treatment for a variety of medical conditions as it pertains to medical practitioners in various specialties, with an emphasis on primary care; 2. Encourage & demonstrate the integration of osteopathic philosophy and principles into the practice of medicine; and 3. Provide information pertinent to improving the practice of medicine with themes such as professionalism, teamwork, communication and ethics. Each CME topic has its own set of learning objectives, which will be made available to registered attendees..

AOA CME Accreditation: The Maine Osteopathic Association is accredited by the American Osteopathic Association to provide continuing medical education for physicians. The Maine Osteopathic Association designates this program for a minimum of 20.5 AOA Category 1-A credits (final credit determination will be available prior to the event) and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Other CME Credits: *Other CME credit types are anticipated; applications are pending.*

Certificate of Attendance: To claim CME and access their CME certificate, attendees will need to complete an evaluation for each session attended in person or online via the virtual conference platform.

Disclaimer: This event may be supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will be provided prior to the start of the activity. The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the MOA. In no event will the MOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

MOA Grievance Policy: All grievances should be initially directed in writing to the MOA Director by email to: info@mainedo.org who will share them with the MOA's Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council of Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

Health & Safety: The safety of attendees is our top priority. MOA will continue to monitor local, state, and federal guidelines and work with the conference venue to comply with any relevant health & safety measures.

Hybrid Conference Details: This conference will be held in person February 10th & 11th, 2023 with additional online, on demand content available via a virtual platform. Access to in person session recordings will be made available post-event for all attendees and continue until March 15th, 2023. Virtual-only attendees will have access to any virtual event content as well as session recordings following the presentation of in person content. We do not anticipate offering a comprehensive livestream option.

Registration Procedure: To register for the conference, complete the registration form and return it to the MOA office: P.O. Box 315, Manchester, ME 04351 with the proper registration fee. Registration may also be completed online at www.mainedo.org or the form may be faxed if paying by credit card to 207-623-4228. Register before 12/19/22 for the early registration discount.

Special Needs: If you or your guest require any special arrangements or dietary needs to attend this program, please indicate your need on the registration form, or contact MOA at 207-623-1101.

Cancellation/Refunds: If you must cancel, please notify the MOA in writing. A \$50 cancellation fee will be imposed if registration is cancelled prior to January 15, 2023. No refunds will be provided after this date.