



□ **Two Eyed Seeing: Indigenous Approaches to WellBeing**
January 28-30 2022

A virtual and live International Conference

Co-sponsored by Coyote Institute, Wabanaki Public Health and Wellness, and the Native Studies, Intermedia, and the Medical Arts and Humanities Programs of the University of Maine at Orono.

Location: Intermedia Building Stewart Commons University of Maine Orono

Due to Covid-19 and the associated uncertainties, the conference could go completely virtual depending on what is happening with Covid-19 and University policy at the time. For similar reasons, the physical location could change. Speakers may not be able to appear and others may be substituted in their place.

For three days, in this hybrid conference, we will celebrate M'iqmaq elder Albert Marshall and his concept of two-eyed seeing which originated at Cape Breton University and Eskasoni First Nation. Two-eyed seeing establishes the equal validity of indigenous knowledge and ways of knowing to contemporary scientific knowledge as we explore wellbeing.

The meeting will start at 8 am each day and will be live for students attending UMaine Orono. All presentations will be pre-recorded for later viewing by those in other time zones or as desired. We will end each day at 5 pm.

We have many interesting people who will be presenting including Albert Marshall (who will be live on the University of Maine campus) from Eskasoni First Nation, Nova Scotia; Rennie Linklater, Ph.D., Director of Aboriginal Programming at the Center for Addictions and Mental Health, Toronto, Canada; Margaret Mete, BSN, MPH, Ph.D. and indigenous colleagues from the University of Alaska at Anchorage; Wiremu Nia Nia and Alister Bush, MD of the Maori Mental Health Service New Zealand; Natalie Tolbert, Ph.D., cultural anthropologist from the U.K.; Bob Vetter, Ph.D., anthropologist and Temescal leader from Long Island, New York; Marquis Bureau, MA, PhD-Cand. from St. Paul University, Ottawa; Gabriel Frey, Wabanaki author and LMT, Emily Redding DO from Norther Lights Family Medicine Residency, Josie Conte, DO from Maine-Dartmouth Family Medicine Residency, Barbara Mainguy MSW and Sharon Jordan LCSW Wabanaki Public Health, Darren Ranco, PhD, Lewis Mehl Madrona MD, PhD author of the Coyote Trilogy, among others.

Costs to attend will range from \$10 to \$200 depending upon status of student or professional and the category into which one falls.

Register online:

events.r20.constantcontact.com/register/event?oeidk=a07ehw8ukmcd4dbc718&llr=kajx7fdab

Friday January 28, 2022

- 8:00 **Welcome** Viewers and Guests and Keynote
- 8:30 **Introduction to Wabanaki Cultures of Maine** with Darren Ranco PhD 1.0
- 9:30 **Two Eyed Seeing** Albert Marshall- interviewed by Dr Mehl Madrona, MD PhD 1.0
Mi'kmaq Elder Albert Marshall defines Two-Eyed Seeing as "learning to see from one eye with the strengths of Indigenous knowledges and ways of knowing, and from the other eye with the strengths of mainstream knowledges and ways of knowing, and to use both these eyes together, for the benefit of all"
- 10:30 **Cultural Approaches to Healing and Recovery** with Lisa Sockabasin RN, MS, Co-CEO
Wabanaki Public Health and Wellness, 1.0
- 11:30 **Driving Culturally Relevant System Initiatives at the Center for Addiction and Mental Health (CAMH)** -- Rennie Linklater PhD 1.5
- 12:30 Lunch break
- 1:00 **Cultural and Spiritist Perspectives on Health** -Natalie Tolbert, PhD 1.0
- 2:00 **Etuptmumk in Counsellor Education and Practice** Jenny Rowett PhD 1.0
- 3:00 **Two-Eyed Decision Making in a Harm Reduction Model** - Barbara Mainguy, MA, MSW, Sharon Jordan LCSW 1.0
- 4:00 pm- **The Circle, a Ritual for Forgiveness** with Marquis Bureau 1.0
- 5:00 **Wrap up/Evaluations/Adjourn**

Saturday January 29, 2022

- 8:00 Summary of prior day
- 8:30- **A World in Transition & Relevance of Indigenous Psychology**, Zana Marovic, PhD South Africa. 1.0
- 9:30 **Creating Safety for Indigenous Immigrants in an Overwhelming Health System** with Venetia Young, MD 1.0
- 10:30 **A Machine of Possibilities: Health Recovery Journeys from COVID-19.** Co-presenters Juan C. Rodriguez lecture followed by interview/discussion with Lewis Mehl Madrona MD: PhD 1.0
- 11:30 **Suicide Prevention: the role of Language, Culture, and Core Values and in Indigenous Communities** Panel discussion Lewis Mehl-Madrona, MD, PhD Barbara Mainguy, MA, MSW, Sharon Jordan, LCSW 1.0
- 12:30-1:30 Lunch break
- 1:30 **Traditional West African Healing** David Wilson 1.0
- 2:30 **Cultural Workshop Aliitq People, Kodiak Alaska** Margaret Mete, Theresa Arevgaq John, Ph.D. Sean Asiqtuq Topkok, Ph.D, Judy Simenoff with Lewis Mehl Madrona MD, PhD 1.5
- 4:00 **Disassociachotic: Seeing the Non-psychosis** Matthew Ball NP 1.0
- 5:00 **Adjourn**

Sunday January 30, 2022

- 8:00 **Summarize Saturday**, questions observations from Saturday
- 8:30 **Healing by Hand: Traditional Truths in Modern Manual Medicine and Demonstration of Bodywork** Josie Conte D.O., Gabe Frey, LMT, K. Emily Redding, DO 1.5
- 10:00 **Indigenous Philosophy of Mind** Lewis Mehl Madrona MD, PhD 1.0
- 11:30 **Aazhawigamig: Traditional Anishinaabeg Teachings on Wellbeing** Renee Bedard PhD 1.0
- 12:30 **lunch break**
- 1:00 **Temescal Ceremony: MesoAmerican Curanderismo** Robert Vetter, MA 1.5
- 2:30 **Looking for the Wood Amongst the Trees**, Adrienne Giacon LMT 1.0
- 3:30 **Collaborative Indigenous Mental Health Practice in New Zealand** Alister Bush MD with Wiremu Nia Nia 1.0
- 4:30 **Conference reflection:** Items for activism. What happens next? Acknowledgements and evaluations, adjourn